

## Nikou, Roshan

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**From:** Graduate.Council.Web.Site@www.uky.edu  
**Sent:** Monday, October 22, 2007 12:33 PM  
**To:** Nikou, Roshan  
**Cc:** Price, Cleo  
**Subject:** Investigator Report

AnyForm User: www.uky.edu  
AnyForm Document: <http://www.research.uky.edu/gc/GCInvestigatorReport.html>  
AnyForm Server: www.uky.edu (/www/htdocs/AnyFormTurbo/AnyForm.php)  
Client Address: 172.21.198.165

College/Department/Unit: = NUR 511`  
Category:\_ = New  
Date\_for\_Council\_Review: =  
Recommendation\_is:\_ = Approve  
Consent\_Agenda: = YES  
Investigator: = Geza Brucner  
E-mail\_Address = gbruckn@uky.edu  
1\_\_Modifications: = Asked Gina Lowry, course instructor, to indicate clearly the grade scale for undergraduate (A,B,C,D,E) versus graduate (A,B,C,E) students and she will make correction.  
2\_\_Considerations: =  
3\_\_Contacts: = Asked Gina Lowry, course instructor, to indicate clearly the grade scale for undergraduate (A,B,C,D,E) versus graduate (A,B,C,E) students and she will make correction.  
4\_\_Additional\_Information: =

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APR 25 2007

OFFICE OF THE  
SENATE COUNCIL

APPLICATION FOR NEW COURSE

1. Submitted by College of Nursing  
 Department/Division offering course Nursing  
 Date 2/21/07
2. Proposed designation and Bulletin description of this course
- a. Prefix and Number NUR 511                      b. Title End of Life Care in the Acute Care Setting  
 \*NOTE: If the title is longer than 24 characters (including spaces), write  
 A sensible title (not exceeding 24 characters) for use on transcripts                      End of Life Care
- c. Lecture/Discussion hours per week 3                      d. Laboratory hours per week N/A
- e. Studio hours per week N/A                      f. Credits 3
- g. Course description: This course is designed to provide insight into the special needs of adult and pediatric patients in the acute care setting who are near the end of life. This course will cover pain and symptom management; ethical issues in palliative care nursing; cultural considerations in end-of-life care; communication, loss, grief, and bereavement; achievement of quality care at end-of-life; and preparation for and care at the time of death.
- h. Prerequisites (if any): Admitted to Nursing Program or consent of instructor.
- i. May be repeated to a maximum of n/a                      (if applicable)
4. To be cross-listed as  
 N/A  
 Prefix and Number                      Signature, Chairman, cross-listing department
5. Effective Date Fall 2007                      (semester and year)
6. Course to be offered                      x Fall                      x Spring                       Summer
7. Will the course be offered each year?                      x Yes                       No  
 (Explain if not annually)
8. Why is this course needed? The American Association of Colleges of Nursing has expressed the opinion that greater emphasis be placed on care at the end of life. There is a move to bring palliative care into the acute care setting. This course will help both of these initiatives. This course has been taught two semesters as NUR 520: Special Topics Class. It was been well received; 11 students the first semester, 20 students (including 5 pharmacy students) second semester.
9. a. By whom will the course be taught? Gina Lowry, RN, MSN, PhD(c); Sherry Warden, RN, PhD (Graduate Faculty), and Sue Snider, MSW, MSN, CHPN (Voluntary Faculty)
- b. Are facilities for teaching the course now available?                      X Yes                       No  
 If not, what plans have been made for providing them?

## APPLICATION FOR NEW COURSE

10. What enrollment may be reasonably anticipated? 15-25 MAX

11. Will this course serve students in the Department primarily?  Yes  No

Will it be of service to a significant number of students outside the Department?  Yes  No  
If so, explain.

In keeping with the spirit of Palliative Care, we would hope that this course would attract students from other healthcare disciplines.

Will the course serve as a University Studies Program course?  Yes  No

If yes, under what Area? \_\_\_\_\_

12. Check the category most applicable to this course

traditional; offered in corresponding departments elsewhere;

relatively new, now being widely established

not yet to be found in many (or any) other universities

13. Is this course applicable to the requirements for at least one degree or certificate at the University of Kentucky? AS AN ELECTIVE ONLY  Yes  No

14. Is this course part of a proposed new program:  Yes  No  
If yes, which?

15. Will adding this course change the degree requirements in one or more programs?  Yes  No  
If yes, explain the change(s) below (NOTE - If "yes," a program change form must also be submitted.)

16. Attach a list of the major teaching objectives of the proposed course and outline and/or reference list to be used.  
Syllabus attached.

18. If the course is 400G or 500 level, include syllabi or course statement showing differentiation for undergraduate and graduate students in assignments, grading criteria, and grading scales.  Check here if 400G-500.

19. Within the Department, who should be contacted for further information about the proposed course?


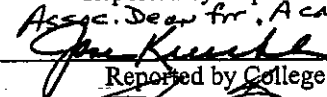
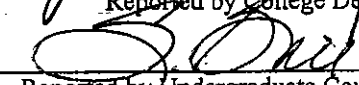
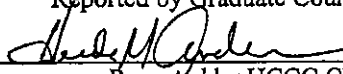
Name

Gina Lowry  
Sherry Warden

Phone Extension 257-5258  
323-6640

# APPLICATION FOR NEW COURSE

## Signatures of Approval:

February 2, 2007 Date of Approval by Department Faculty	 Reported by Department Chair Assoc. Dean for Academic Affairs
February 2, 2007 Date of Approval by College Faculty	 Reported by College Dean
4/24/07 *Date of Approval by Undergraduate Council	 Reported by Undergraduate Council Chair
*Date of Approval by Graduate Council 3/21/07	Reported by Graduate Council Chair 
*Date of Approval by Health Care Colleges Council (HCCC)	Reported by HCCC Chair
*Date of Approval by Senate Council	Reported by Senate Council Office
*Date of Approval by University Senate	Reported by Senate Council Office

\*If applicable, as provided by the Rules of the University Senate

UNIVERSITY OF KENTUCKY  
COLLEGE OF NURSING

NUR 511

END OF LIFE CARE IN THE ACUTE CARE SETTING

CREDIT HOURS: 3 hours

PLACEMENT: Elective

PREREQUISITES: Admitted to the College of Nursing or consent of the instructor

COURSE DESCRIPTION:

This course is designed to provide insight into the special needs of adult and pediatric patients in the acute care setting who are near the end of life. This course will cover pain and symptom management; ethical issues in palliative care nursing; cultural considerations in end-of-life care; communication; loss, grief, and bereavement; achievement of quality care at end-of-life; and preparation for and care at the time of death.

COURSE OBJECTIVES:

1. Describe the role of the healthcare professional in providing quality end-of-life care for patients across the lifespan.
2. Identify the need for collaboration with other disciplines to provide quality end-of-life care.
3. Use critical thinking to develop, implement, and evaluate interventions that promote quality at the end-of-life.
4. Integrate principles of hospice and palliative care across settings to promote quality care at end-of-life.
5. Discuss pharmaceutical agents used in the treatment of pain and other common end-of-life symptoms.

FACULTY:

Gina Lowry, RN, PhD  
441A HSLC/CON  
257-5258  
rlowr0@email.uky.edu

Sue Snider, MSW, MSN, CHPN  
Hospice of the Bluegrass  
276-5344  
SSnider@hospicebg.org

Sherry Warden, RN, PhD (Graduate Faculty of Record)  
439 HSLC/CON  
323-6640  
lsward00@email.uky.edu

**TEACHING LEARNING METHODS:**

1. Lecture / Guest Speakers
2. Case studies
3. Readings and films
4. Discussion

**EVALUATION METHODS:**

Two (2) papers (50% of course grade)

The first paper will be worth 15% of the course grade.

The second paper will be worth 35% of the course grade.

Four (4) Reaction papers (20% of course grade)

Paper Presentation (25% of course grade)

Participation (5% of course grade)

**GRADING SCALE:****Undergraduate Students**

A	90-100
B	80-89
C	70-79
D	60-69
E	below 60

**Graduate Students**

A	90-100
B	80-90
C	70-79
E	below 70

**TEXTS****Required Text:**

Kaufman, S. R. (2005). *...And a time to die: How American hospitals shape the end of life*. New York: Scribner.

**Recommended Text:**

*Publication manual of the American Psychological Association* (5th ed.). Washington, DC; APA

In addition, each student will obtain materials and references from other current sources including books, journals, and the Internet. Suggested readings/resources (available on-line or from E-journals) for each content area will be provided in the syllabus.

**CHEATING AND PLAGAIRISM**

Academic integrity is a core value at the University of Kentucky and is strongly supported by faculty, staff, and students within the College of Nursing. Neither cheating nor plagiarism is acceptable in any form. Please refer to the *Student Rights and Responsibilities Handbook* which is available at <http://www.uky.edu/StudentAffairs/Code/>, for a detailed description of the University policies related to what constitutes cheating and plagiarism and how both are handled at the University. The College of Nursing adheres to these policies.

**CLASS PARTICIPATION:**

Class members are expected to come prepared and to contribute to class discussions.

**ASSIGNMENTS:**

**Reaction Papers:** Students will write a one page reaction paper to four assignments. The paper should include a brief summary of the assignment and a reflection/reaction to the assignment; i.e. what were your thoughts as you completed the assignment.

**Other Papers:****Undergraduate Students:**

Write a 4-6 page typed, double-spaced, paper on two topics of interest from the course outline. One paper is to be completed by March 5; the second paper should be submitted by April 30th. Papers should be in APA format. Recent scholarly references (at least 4) are required. Papers will be graded as follows:

- Content is applicable and accurate (50%)
- Readability, clarity, logical flow of ideas (20%)
- Spelling, grammar, punctuation (10%)
- Use of at least 4 recent scholarly references (10%)
- Correct application of APA style per the Undergraduate APA guide (10%)

**Graduate Students:**

Write a 10-12 page typed, double-spaced, paper on two topics of interest from the course outline. One paper is to be completed prior by March 5th; the second paper should be completed by April 30th. Papers should be in APA format. Scholarly references (at least 8) are required. Papers will be graded as follows:

- Content is applicable, accurate, and presents a synthesis of ideas (50%)
- Readability, clarity, logical flow of ideas (20%)
- Spelling, grammar, punctuation (10%)
- Use of at least 8 scholarly references (10%)
- Correct application of APA style per the 5th edition of the APA style manual (10%)

**Note: Scholarly references are defined as those references which are or have been published within the last 5 years or are classic works; these references have been published in peer reviewed journals or published on university or governmental web sites. Basic textbooks ARE NOT considered scholarly references. Preference is for articles which provide evidence for best practice through research.**

**Presentations (Graduate and Undergraduate Students):**

Students will present one of their papers. Presentations will be done on April 16<sup>th</sup> and April 23<sup>rd</sup>. Each presentation should be no more than 10 minutes (allowing time for questions). Since it is expected that this is essentially a presentation of your paper, the 30 points due on the presentation will be assigned as follows:

- Audiovisuals and/or Handouts (10 points)
- Well-organized (10 points)
- Interesting (5 points)
- Speaking presence (5 points)

## COURSE OUTLINE

### *January 15 – Martin Luther King, Jr. Academic Holiday*

#### *January 22—Nursing Care at the End of Life*

- A. Need for improvement in current care
- B. The Hospice and Palliative Care Model
- C. Social and economic factors that influence current care
- D. Personal Growth at end of life
- E. Assessment of Quality of Life
- F. Nursing presence at end of life

#### Suggested readings/resources:

- Dunn, H. (2001). Hard choices for loving people. Available at [www.hardchoices.com](http://www.hardchoices.com)
- Heming, D. & Colmer, A. (2003). Care of dying patients. *Nursing Standard*. 18(10), 47-54.

#### **Required Reading/Activity:**

- Kaufman text – pp. 1-60
- Oddi, L. F., & Cassidy, V. R. (1998). The message of SUPPORT: Change is long overdue. *Journal of Professional Nursing*, 14 (3), 165-174.
- Watch Wit, a 2001 movie starring Emma Thompson. This is available in the UK AV library on 6<sup>th</sup> floor and at many video stores. **Reaction paper due on 1/29.**

### *January 29th – Discussion of previous readings + Pain Management*

- A. Barriers to pain relief
- B. Pain Assessment
- C. Pharmacological therapies
- D. The nurse's role in pain management

#### Suggested readings/resources:

- Quill, T.E. & Meier, D.E. (2006). The big chill—Inserting the DEA into end-of-life care. *The New England Journal of Medicine*. 254(1), 1-3.
- Pain: Supportive care for cancer patients. (2006). Retrieved February 16, 2006, from The Medem Network Web site: [http://www.medem.com/MedLB/article\\_detaillb.cfm?article\\_ID=ZZZFJKIRU7C&sub\\_cat=388](http://www.medem.com/MedLB/article_detaillb.cfm?article_ID=ZZZFJKIRU7C&sub_cat=388)
- Lo, B. & Rubenfeld, G. (2005). Palliative sedation in dying patients: "We turn to it when everything else hasn't worked." *JAMA*, 294(14), 1810-1816.

### *February 5th – Symptom Management*

- A. Common end of life symptoms
- B. Symptom Assessment
- C. Pharmacological therapies
- D. Non-pharmacological therapies

#### Suggested readings/resources:

- Jansen D.A. & Sadovszky, V. (2004). Restorative activities of community-dwelling elders. *Western Journal of Nursing Research*, 26(4), 381-399.
- Kemper, K.J. & Danhauer, S.C. (2005). Music as therapy. *Southern Medical Journal*, 98(3), 282-288.
- Kinsman, R.A. & Gregory, D.M (2005). More than trivial strategies for using humor in palliative care. *Cancer Nursing*, 28(4), 292-300.
- Providing comfort for a dying loved one (n.d.). Retrieved February 16, 2006, from End of Life Care Partnership Web site: [http://www.carefordying.org/mainwebsite\\_html/dyingProcess/comfort.html](http://www.carefordying.org/mainwebsite_html/dyingProcess/comfort.html)
- Symptom management & palliative care (2006). Retrieved February 16, 2006, from BC Cancer Agency Web site: <http://www.bccancer.bc.ca/PPI/PSMPC/default.htm>



**February 12th** – Cultural Considerations in End-of-Life Care

- A. Components of cultural competence
- B. Cultural assessment
- C. Self-Assessment
- D. Culture and communication
- E. Culture and decision-making

## Suggested readings/resources:

- Diversity issues in end of life care (2001). Retrieved February 16, 2006, from American Psychological Association Online Web site: <http://www.apa.org/pi/eol/diversity.html>
- Doorenbos, A.Z., Briller, S.H., & Chapleski, E.E. (2003). Weaving cultural context into an interdisciplinary end-of-life curriculum. *Educational gerontology*, 29, 405-416.

**Required Reading: Kaufman text. pp. 147-161. Reaction paper due February 19th.**

**February 19th**—Ethical Issues in Palliative Care Nursing

- A. Ethical theories
- B. Decision making
- C. Dilemmas at the end of life
- D. Standards of professional nursing practice

## Suggested readings/resources:

- Ganzini, L. et al. (2003). Nurses' experiences with hospice patients who refuse food and fluids to hasten death. *New England Journal of Medicine*, 349(4), 359-365.
- Valente, S.M. (2004). End-of-life challenges honoring autonomy. *Cancer Nursing*, 27(4), 314-319.

**Required Reading: Kaufman text. pp. 166-173. Reaction paper due February 26th.**

**February 26th** – Communication

- A. Effective communication
- B. The communication process
- C. Factors influencing communication
- D. Interdisciplinary team communication

## Suggested readings/resources:

- Good, M. D., Gadmer, N. M., Ruopp, P., Lakoma, M., Sullivan, A. M., Redinbaugh, E., et al. (2003). Narrative Nuances on good and bad deaths: Internists' tales from high-technology work places. *Social Science & Medicine*, 58, 939-953.
- Palliative care and symptom management (2004). Retrieved February 16, 2006, from The National Coalition of Cancer Survivorship Web site: <http://www.canceradvocacy.org/resources/essential/end/communication.aspx>
- Baile, W. F., Buckman, R., Lenzi, R., Glober, G., Beale, E. A., Kudelka, A. P. (2000). SPIKES: A six-step protocol for delivering bad news: Application to the patient with cancer. *The Oncologist*, 5 (4), 302-311.

**March 5th**—Loss, Grief, & Bereavement

**\*\*\*First Paper Due**

- A. Theoretical models
- B. The grief process
- C. Grief Assessment
- D. Bereavement Interventions
- E. The nurse and loss

## Suggested readings/resources:

- Dobratz, M.C. (2004). Life-closing spirituality and the philosophic assumptions of the Roy Adaptation Model. *Nursing Science Quarterly*, 17(4), 335-338.
- Kehl, K. A. (2005). Recognition and support of anticipatory mourning. *Journal of Hospice and Palliative Nursing*, 7 (4), 206-211.
- Read, S. (2002). Loss and bereavement: A nursing process. *Nursing Standard*, 16(27), 47-55.
- Sheffield model (n.d.). Retrieved February 16, 2006, from Sheffield Palliative Care Studies Group Web site: <http://www.sheffield-palliative.org.uk/Healthcare/smodel.html>

**March 19th --** Movie Night. We will watch *Dying at Grace* as a group.  
**Reaction Paper Due March 26th.**

**March 26th --** Preparation for and Care at the time of Death

- A. Death as a physical, psychological, social and spiritual event
- B. Patient and family preparation
- C. The care of the imminently dying patient
  - 1. Symptom control
  - 2. Recognizing imminent death
  - 3. Resuscitation
- D. Death
- E. Post-mortem care

Suggested readings/resources:

- Blum, C. A. (2005). 'Til death do us part?' The nurse's role in the care of the dead: A historical perspective: 1850-2004. *Geriatric Nursing*, 27 (1), 58-63.
- Brajtman, S. (2005). Helping the family through the experience of terminal restlessness. *Journal of Hospice and Palliative Nursing*. 7(2), 72-81.
- Main, J. (2002). Management of relatives of patients who are dying. *Journal of Clinical Nursing*. 11. 794-801.

**April 2nd –** Special Considerations in Pediatric Palliative Care

- A. Developmental stages and the impact of illness upon development.
- B. Incorporating the family and the ill child into the care team.
- C. The unique nature of hope in pediatrics.
- D. Personal and professional boundaries in relation to pediatric palliative care.

**April 9th –** Special Considerations in Pediatric Palliative Care

- A. Pain Management in Pediatric Palliative Care
- B. Loss, Grief, and Bereavement

**April 16th and April 23rd – Presentations**

**April 30th --** Achieving Quality Care at the End of Life

**\*\*\*SECOND PAPER DUE**

- A. Challenge for nurses
- B. Discuss cost considerations in providing quality care at the end of life.
- C. Nurses role in change
  - 1. Change in clinical care
  - 2. Change in health care systems
- D. Models of Excellence in Palliative Care

Suggested readings/resources:

- Griffin, J.P. et al. (2003). End-of-life care in patients with lung cancer. *Chest*. 123 (1), 312S-331S.

**UNIVERSITY SENATE ROUTING LOG**

**Proposal Title:**

Name/email/phone for proposal contact:

**Instruction:** To facilitate the processing of this proposal please identify the groups or individuals reviewing the proposal, identify a contact person for each entry, provide the consequences of the review (specifically, approval, rejection, no decision and vote outcome, if any) and please attach a copy of any report or memorandum developed with comments on this proposal.

Reviewed by: (Chairs, Directors, Faculty Groups, Faculty Councils, Committees, etc)	Contact person Name (phone/email)	Consequences of Review:	Date of Proposal Review	Review Summary Attached? (yes or no)
Master's Program Committee	Dr. Sharon Lock, Chair 257-2366; selock@email.uky.edu	Approved	Feb. 2, 2007	Yes
Graduate Faculty Meeting	Dr. Terry Lennie, Chair 323-6631 talenn2@email.uky.edu	Approved	Feb. 2, 2007	Yes
Undergraduate Program Committee	Dr. Karen Butler, Co-Chair. 323-5684 kmbutl00@email.uky.edu Dr . Melanie Hardin-Pierce Co-Chair. 323-5658 mhpier00@email.uky.edu	Approved	Feb. 2, 2007	Yes
Undergraduate Faculty	Dr. Patricia Burkhardt, Chair 323-6253 pvburk2@email.uky.edu	Approved	Feb. 2, 2007	Yes