

# NEW COURSE FORM

## 1. General Information.

- a. Submitted by the College of: Fine Arts Today's Date: 9/1/2010
- b. Department/Division: School of Music
- c. Contact person name: Lori Gooding Email: lori.gooding@uky.edu Phone: 323-2905  
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- d. Requested Effective Date:  Semester following approval OR  Specific Term/Year<sup>1</sup>: Fall 2011

## 2. Designation and Description of Proposed Course.

- a. Prefix and Number: MUS 631
- b. Full Title: Music in Counseling
- c. Transcript Title (if full title is more than 40 characters): \_\_\_\_\_
- d. To be Cross-Listed<sup>2</sup> with (Prefix and Number): \_\_\_\_\_

e. Courses must be described by at least one of the meeting patterns below. Include number of actual contact hours<sup>3</sup> for each meeting pattern type.

2 Lecture \_\_\_\_\_ Laboratory<sup>1</sup> \_\_\_\_\_ Recitation \_\_\_\_\_ 1 Discussion \_\_\_\_\_ Indep. Study \_\_\_\_\_  
\_\_\_\_\_ Clinical \_\_\_\_\_ Colloquium \_\_\_\_\_ Practicum \_\_\_\_\_ Research \_\_\_\_\_ Residency \_\_\_\_\_  
\_\_\_\_\_ Seminar \_\_\_\_\_ Studio \_\_\_\_\_ Other – Please explain: \_\_\_\_\_

f. Identify a grading system:  Letter (A, B, C, etc.)  Pass/Fail

g. Number of credits: 3

h. Is this course repeatable for additional credit? YES  NO

If YES: Maximum number of credit hours: \_\_\_\_\_

If YES: Will this course allow multiple registrations during the same semester? YES  NO

i. Course Description for Bulletin: This course is directed toward developing advanced competencies in music therapy theory and clinical skills. Specifically, the use of music in counseling and the development of counseling techniques appropriate in music therapy will be addressed.

j. Prerequisites, if any: Permission of the instructor

k. Will this course also be offered through Distance Learning? YES<sup>4</sup>  NO

l. Supplementary teaching component, if any:  Community-Based Experience  Service Learning  Both

3. Will this course be taught off campus? YES  NO

## 4. Frequency of Course Offering.

<sup>1</sup> Courses are typically made effective for the semester following approval. No course will be made effective until all approvals are received.

<sup>2</sup> The chair of the cross-listing department must sign off on the Signature Routing Log.

<sup>3</sup> In general, undergraduate courses are developed on the principle that one semester hour of credit represents one hour of classroom meeting per week for a semester, exclusive of any laboratory meeting. Laboratory meeting, generally, represents at least two hours per week for a semester for one credit hour. (from SR 5.2.1)

<sup>4</sup> You must *also* submit the Distance Learning Form in order for the proposed course to be considered for DL delivery.

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- a. Course will be offered (check all that apply):       Fall       Spring       Summer
- b. Will the course be offered every year?      YES       NO   
If NO, explain: \_\_\_\_\_
5. Are facilities and personnel necessary for the proposed new course available?      YES       NO   
If NO, explain: \_\_\_\_\_
6. What enrollment (per section per semester) may reasonably be expected?      5
7. Anticipated Student Demand.
- a. Will this course serve students primarily within the degree program?      YES       NO
- b. Will it be of interest to a significant number of students outside the degree pgm?      YES       NO   
If YES, explain: \_\_\_\_\_
8. Check the category most applicable to this course:
- Traditional – Offered in Corresponding Departments at Universities Elsewhere
- Relatively New – Now Being Widely Established
- Not Yet Found in Many (or Any) Other Universities
9. Course Relationship to Program(s).
- a. Is this course part of a proposed new program?      YES       NO   
If YES, name the proposed new program:      Music Therapy
- b. Will this course be a new requirement<sup>5</sup> for ANY program?      YES       NO   
If YES<sup>5</sup>, list affected programs:      Music Therapy
10. Information to be Placed on Syllabus.
- a. Is the course 400G or 500?      YES       NO   
If YES, the *differentiation for undergraduate and graduate students must be included* in the information required in **10.b**. You must include: (i) identification of additional assignments by the graduate students; and/or (ii) establishment of different grading criteria in the course for graduate students. (See *SR 3.1.4.*)
- b.  The syllabus, including course description, student learning outcomes, and grading policies (and 400G-/500-level grading differentiation if applicable, from **10.a** above) are attached.

<sup>5</sup> In order to change a program, a program change form must also be submitted.

**MUS 631: Music in Counseling**  
Lori Gooding, PhD, MT-BC, NICU-MT

Day/Time: TBA

Location: TBA

Office: 010E COM Building

Phone: 323-2905

Email (preferred):

[lori.gooding@uky.edu](mailto:lori.gooding@uky.edu)

Note: Except in extenuating circumstances, emails will be returned within 48 hours. Should an emergency arise, please contact the School of Music Office at 257-4900.

Course Description: This course is directed toward developing advanced competencies in music therapy theory and clinical skills. Specifically, the use of music in counseling and the development of counseling techniques appropriate in music therapy will be addressed.

Course Objectives/Outcomes: By course end, students will demonstrate knowledge of the basic theoretical underpinnings for various counseling skills and techniques. Students will demonstrate an understanding of specific group and individual counseling skills. Students will also demonstrate an ability to use the skills addressed in this course in individual and group settings.

Prerequisites: Permission of the instructor.

Required Materials: Readings as assigned; *Group Counseling Strategies and Skills* (Jacobs, Masson, & Harvill, 2009)

Exams and/or Assignments: Evaluation will be based on successful completion of the following assignments:

Assignment	Points	Total Points
Research Summary	3@ 10 points each	30
Mock Session	20 points	20
Outside Clinical Component	20 points	20
Midterm	20	20
Mock session review	5 points	5
Clinical Component Transfer	5 points	5
	Total Possible	100

Grading Policies: Grading will be judged on competence, accuracy and scholarship.

Course Grade	Points
A	92 and up
B	84 to 91
C	76 to 83
E	68 to 75
Incomplete	Incompletes (I) will be given at the discretion of the instructor for non-academic emergencies only

Assignment Submissions: All assignments are due on the date listed on the syllabus. Exceptions will be made in the case of an excused absence; however, students must contact the professor prior to the class meeting following the absence to make arrangements. Assignments should be submitted as a hard copy unless otherwise noted.

Attendance Policies: Attendance is expected at all class meetings except in the case of University approved excused absences. Acceptable absences include: serious illness, illness/death of a family member, university-related trips, major religious holidays and other circumstances deemed a reasonable cause for nonattendance by the professor. ("Other circumstances" must be approved in advance.) The professor reserves the right to ask for verification form found at <http://www.uky.edu/StudentAffairs/UHS/>.

Academic Accommodations: If you have a documented disability that requires academic accommodations, please set up an appointment with me as soon as possible. In order to receive accommodations in this course, you must provide me with a Letter of Accommodation from the Disability Resource Center (Room 2, Alumni Gym, 257-2754 or [jkarnes@email.uky.edu](mailto:jkarnes@email.uky.edu)) for coordination of campus disability services available to students with disabilities.

Academic Integrity, Cheating and Plagiarism: As stated by UK, all academic work, written or otherwise, submitted by students to their instructors or other academic supervisors, is expected to be the result of their own thought, research or self-expression. Students are expected to uphold the university's core values of academic excellence and respect in their academic work.

Classroom Behavior, Decorum and Civility: Please respect the rights of others by minimizing distractions during class settings. Please turn cell phones off and limit side conversations and unrelated computer use.

Course Topics Outline:

Date	Topics	Assignments Due
Week 1	Course Overview Group and Individual Counseling MT and Counseling	
Weeks 1-3	What is psychotherapy? What does counseling involve? (Theoretical models, boundaries, confidentiality)	Silverman (2007) Summary
Weeks 4-6	Establishing rapport, active listening (Rogers), nonverbal communication, reflective listening, Engaging, empathizing	Mock Sessions as assigned
Weeks 7-9	Assessment, feedback, client "homework"	Mock Sessions as assigned Midterm
Weeks 10-11	Relaxation techniques	Mock Sessions as assigned

		Pelletier (2004) Summary
Weeks 12-13	Multicultural Issues	Mock Sessions as assigned Bradt (1997) Summary
Weeks 14-15	Practical Aspects (room setup, time management, supervision, self-care	

# NEW COURSE FORM

## Signature Routing Log

**General Information:**

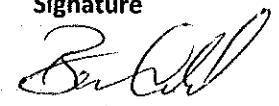
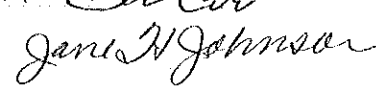
Course Prefix and Number: MUS 631

Proposal Contact Person Name: Lori Gooding Phone: 323-2905 Email: lori.gooding@uky.edu

**INSTRUCTIONS:**

Identify the groups or individuals reviewing the proposal; note the date of approval; offer a contact person for each entry; and obtain signature of person authorized to report approval.

**Internal College Approvals and Course Cross-listing Approvals:**

Reviewing Group	Date Approved	Contact Person (name/phone/email)	Signature
Mus 631	10/23/10	B. Arvid	
College of Fine Arts	1/7/11	Jane Johnson	

**External-to-College Approvals:**

Council	Date Approved	Signature	Approval of Revision <sup>6</sup>
Undergraduate Council			
Graduate Council			
Health Care Colleges Council			
Senate Council Approval		University Senate Approval	

Comments:

\_\_\_\_\_

<sup>6</sup> Councils use this space to indicate approval of revisions made subsequent to that council's approval, if deemed necessary by the revising council.