

# CHANGE UNDERGRADUATE PROGRAM FORM

## 1. General Information

|   |  |   |   |
|---|--|---|---|
| College:  | <u>Education</u>   | Department:                                   | <u>Kinesiology and Health Promotion</u>                     |
| Current Major Name:   | <u>Kinesiology</u>   | Proposed Major Name:                          | <u>same</u>   |
| Current Degree Title:   | <u>B.S.</u>  | Proposed Degree Title:                        | <u>same</u>   |
| Formal Option(s):   | <u>Non certificate option<br/>Exercise Science</u>               | Proposed Formal Option(s):                    | _____   |
| Specialty Field w/in Formal Option:   | _____  | Proposed Specialty Field w/in Formal Options: | _____   |
| Date of Contact with Associate Provost for Academic Administration <sup>1</sup> : _____ |  |   |   |
| Bulletin (yr & pgs):  | <u>2011/12 -<br/>195-196</u>                                     | CIP Code <sup>1</sup> :                       | <u>13.1314</u>  |
|   |  | Today's Date:                                 | <u>3/09/2011</u>  |
| Accrediting Agency (if applicable): _____   |  |   |   |
| Requested Effective Date:   | <input checked="" type="checkbox"/> Semester following approval. | OR  | <input type="checkbox"/> Specific Date <sup>2</sup> : _____ |
| Dept. Contact Person:   | <u>JW Yates or Rob Shapiro</u>                                   | Phone:  | <u>257-5879</u>   |
|   |  | Email:  | <u>jwyate1@uky.edu</u>                                      |

## 2. General Education Curriculum for this Program:

The new General Education curriculum is comprised of the equivalent of 30 credit hours of course work. There are, however, some courses that exceed 3 credits & this would result in more than 30 credits in some majors.

- There is no foreign language requirement for the new Gen Ed curriculum.
- There is no General Education Electives requirement.

### Please list the courses/credit hours currently used to fulfill the University Studies/General Education curriculum:

- I. Math (MA 109\* or MA 110 or MA 111 or Math ACT 26 or UK bypass exam or any calculus course, 0-4 hrs)
- II. Foreign Language (two semesters of the same foreign language OR two years of high school foreign language documented with HS transcript, 0-8 hrs)
- III. Inference-Logic (Calculus\* or (STA 200 and PHI 120 or PHI 320) (\*Calculus is a prerequisite for STA 291) (3-6 hrs)
- IV. & V. Written & Oral Communication requirements
- VI. Natural Sciences\* (6 hrs)
- VII. Social Sciences\* (6 hrs)
- VIII. Humanities (6 hrs)
- IX. Cross Cultural (3 hrs)
- X. Electives (three hours must be outside the student's major, 6 hrs)

(NOTE: \*MA 109, MA 123, BIO 103, CHE 104, CHE 108, PSY 100 are generally recommended to fulfill USP requirements, as they are also required in the current major or program related studies, or are prerequisites for other courses.

### Please identify below the suggested courses/credit hours to fulfill the General Education curriculum.

<sup>1</sup> Prior to filling out this form, you MUST contact the Associate Provost for Academic Administration (APAA). If you do not know the CIP code, the (APAA) can provide you with that during the contact.

<sup>2</sup> Program changes are typically made effective for the semester following approval. No program will be made effective until all approvals are received.

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| General Education Area                                       | Course                  | Credit Hrs |
|--|-------------------------|------------|
| <b>I. Intellectual Inquiry (one course in each area)</b>     |                         |            |
| Arts and Creativity  | <i>choose from list</i> | <u>3</u>   |
| Humanities   | <i>choose from list</i> | <u>3</u>   |
| Social Sciences  | <i>PSY 100</i>          | <u>4</u>   |
| Natural/Physical/Mathematical                                | <i>BIO 103or Bio148</i> | <u>3</u>   |
| <b>II. Composition and Communication</b>                     |                         |            |
| Composition and Communication I                              | CIS or WRD 110          | 3          |
| Composition and Communication II                             | CIS or WRD 111          | 3          |
| <b>III. Quantitative Reasoning (one course in each area)</b> |                         |            |
| Quantitative Foundations <sup>3</sup>                        | <i>choose from list</i> | <u>3</u>   |
| Statistical Inferential Reasoning                            | <i>STA 210</i>          | <u>3</u>   |
| <b>IV. Citizenship (one course in each area)</b>             |                         |            |
| Community, Culture and Citizenship in the USA                | <i>choose from list</i> | <u>3</u>   |
| Global Dynamics  | <i>choose from list</i> | <u>3</u>   |
| <b>Total General Education Hours</b>                         |                         | <u>31</u>  |

**3. Explain whether the proposed changes to the program (as described in sections 4 to 12) involve courses offered by another department/program. Routing Signature Log must include approval by faculty of additional department(s).**

Yes - We are adding Bio 103 or Bio 148 and PSY 223 to program related studies.

**4. Explain how satisfaction of the University Graduation Writing Requirement will be changed.**

| Current  | Proposed  |
|--|---|
| <input checked="" type="checkbox"/> Standard University course offering.<br>List: <u>EPE 301</u> | <input checked="" type="checkbox"/> <i>Standard University course offering.</i><br>List: <u>EPE 301</u> |
| <input type="checkbox"/> Specific course – list: _____   | <input type="checkbox"/> <i>Specific course) – list:</i> _____  |

**5. List any changes to college-level requirements that must be satisfied.**

| Current   | Proposed   |
|---|--|
| <input type="checkbox"/> Standard college requirement.<br>List: _____ | <input type="checkbox"/> <i>Standard college requirement.</i><br>List: _____ |
| <input type="checkbox"/> Specific required course – list: _____       | <input type="checkbox"/> <i>Specific course – list:</i> _____                |

**6. List pre-major or pre-professional course requirements that will change, including credit hours.**

| Current | Proposed |
|---------|----------|
|         | -        |

**7. List the major's course requirements that will change, including credit hours.**

| Current | Proposed |
|---------|----------|
|         |          |

<sup>3</sup> Note that MA 109 is NOT approved as a Quantitative Foundations course. Students in a major requiring calculus will use a calculus course (MA 113, 123, 137 or 138) while students not requiring calculus should take MA 111, PHI 120 or another approved course.

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|  |  |
|--|--|
| <u>KHP 157 – 1 hr required</u><br><u>KHP 250 or KHP 260 – 2 hrs – required</u><br><u>KHP 319 – 1 hr required</u><br><u>KHP 350 – 3 hrs – elective</u><br><u>KHP 450 – 3 hrs - elective</u> | <u><i>KHP 157 – 1hr – elective</i></u><br><u><i>KHP 250 or 260 – 2hrs each – elective</i></u><br><u><i>KHP 319 – 1 hr - elective</i></u><br><u><i>KHP 350 – 3 hrs – required</i></u><br><u><i>KHP 450 – 3 hrs - required</i></u> |
|--|--|

**8. Does the pgm require a minor AND does the proposed change affect the required minor?**  N/A  Yes  No

If “Yes,” indicate current courses and proposed changes below.

| Current | <i>Proposed</i> |
|---------|-----------------|
|         |                 |

**9. Does the proposed change affect any option(s)?**  N/A  Yes  No

If “Yes,” indicate current courses and proposed changes below, including credit hours, and also specialties and subspecialties, if any.

| Current | <i>Proposed</i> |
|---------|-----------------|
|         |                 |

**10. Does the change affect pgm requirements for number of credit hrs outside the major subject in a related field?**  Yes  No

If so, indicate current courses and proposed changes below.

| Current   | <i>Proposed</i>  |
|---|--|
| <u>CS 101/CS115 - 3 hrs- dropped as a requirement</u> | <u><i>BIO 103 or 148 - 3hrs - added as new requirement</i></u><br><u><i>PSY 223 - 3 hrs - added as new requirement</i></u> |

**11. Does the change affect pgm requirements for technical or professional support electives?**  Yes  No

If so, indicate current courses and proposed changes below.

| Current   | <i>Proposed</i>  |
|---|--|
| <u>CHE 104 - 3 hrs</u>                          | <u><i>CHE 104/105 - 3 hrs - will accept either</i></u> |
| <u>CHE 108 - 3 hrs</u>                          | <u><i>CHE 108/107 - 3 hrs - will accept either</i></u> |
| <u>STA 291 - 3 hrs dropped as a requirement</u> | <u><i>CS 115 - 3 hrs - added as an elective</i></u>    |
| <u>CS 215 - 4 hrs - dropped as elective</u>     | <u><i>KHP 157 - 1 hrs - added as an elective</i></u>   |
| <u>KHP 350- 3 hrs dropped as elective</u>       | <u><i>KHP 250 - 2 hrs - added as elective</i></u>      |
| <u>KHP 450 - 3 hrs dropped as elective</u>      | <u><i>KHP 260 - 2 hrs - added as elective</i></u>      |
| <u>KHP 560 - 3 hrs - dropped as elective</u>    | <u><i>CHE 230 - 3 hrs - added as elective</i></u>      |
|   | <u><i>CHE 231 - 2 hrs - added as elective</i></u>      |
|   | <u><i>KHP 319 - 1 hr - added as elective</i></u>       |
|   | <u><i>PHI 305- 3hrs -added as elective</i></u>         |
|   | <u><i>PHY 213- 5 hrs - added as elective</i></u>       |
|   | <u><i>BIO 148 - 3 hrs - added as elective</i></u>      |
|   | <u><i>BIO 155 - 2 hrs - added as elective</i></u>      |
|   | <u><i>BIO 208 - 3 hrs added as elective</i></u>        |
|   | <u><i>BIO 209 - 2 hrs added as elective</i></u>        |
|   | <u><i>BSC 331 - 3 hrs - added as elective</i></u>      |
|   | <u><i>CPH 201 - 3 hrs - added as elective</i></u>      |
|   | <u><i>CPH 365 - 3 hrs - added as elective</i></u>      |
|   | <u><i>CLA 131- 3 hrs - added as elective</i></u>       |
|   | <u><i>SOC 350 - 3 hrs - added as elective</i></u>      |
|   | <u><i>ABT 360 - 3 hrs - added as elective</i></u>      |

**12. Does the change affect a minimum number of free credit hours or support electives?**  Yes  No

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If "Yes," indicate current courses and proposed changes below.

|         |                 |
|---------|-----------------|
| Current | <i>Proposed</i> |
|         |                 |

### 13. Summary of changes in required credit hours:

|   | Current                    | <i>Proposed</i> |
|---|----------------------------|-----------------|
| a. Credit Hours of Premajor or Preprofessional Courses:         | <u>NA</u>                  | <u>NA</u>       |
| b. Credit Hours of Major's Requirements:                        | <u>33</u>                  | <u>35</u>       |
| c. Credit Hours for Required Minor:                             | <u>NA</u>                  | <u>NA</u>       |
| d. Credit Hours Needed for a Specific Option:                   | <u>NA</u>                  | <u>NA</u>       |
| e. Credit Hours Outside of Major Subject in Related Field:      | <u>17</u>                  | <u>19</u>       |
| f. Credit Hours in Technical or Professional Support Electives: | <u>32</u>                  | <u>35</u>       |
| g. Minimum Credit Hours of Free/Supportive Electives:           | <u>6</u>                   | <u>18</u>       |
| h. Total Credit Hours Required by Level:                        | 100: <u>17-22</u>          | <u>19-38</u>    |
|   | 200: <u>24-26</u>          | <u>25-42</u>    |
|   | 300: <u>6-9</u>            | <u>8-24</u>     |
|   | 400-500: <u>14-17,9-18</u> | <u>17,9-18</u>  |
| i. Total Credit Hours Required for Graduation:                  | <u>128</u>                 | <u>120</u>      |

### 14. Rationale for Change(s) – if rationale involves accreditation requirements, please include specific references to that.

The proposed changes do not involve any new courses, but instead change some classes that were offered as electives and makes them required. In addition, we have eliminated several classes that were previously required and have made them electives. These changes are in line with recommendations of the National Strength and Conditioning Association and the American College of Sports Medicine which are the major governing bodies in our field. More specifically, these changes are a component of the "Education Recognition Program" which is sponsored by the National Strength and Conditioning Association for which we have recently become a member. These changes move our program away from the traditional "physical education" curriculum and into the "exercise science" curriculum which is in high demand by our students. In addition, we have included a number of new electives outside of our program which are required by various professional degree programs (medical school, physical therapy and physican assistant). Since our program already serves as a training program for advanced degrees, these changes will enhance that role. The changes to the program are to meet the needs of pre professional students for continuing furthur education in graduate programs and also better prepare students for the job market within the field.

### 15. List below the typical semester by semester program for the major. If multiple options are available, attach a separate sheet for each option.

|  |   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
|--|---|-------|-------|---|---------|---|------|---|--------------------|---|---------|---|----------------|---|---------|-------------------------|---|--------------|--------------|----------|----------------|----------|---------------------|------------------|--|----------|----------------|----------|-------------------|----------|---------------|
| <b>YEAR 1 – FALL:</b><br>(e.g. "BIO 103; 3 credits") | <table style="width: 100%; border-collapse: collapse;"> <tr><td style="border-bottom: 1px solid black;">Hours</td><td style="border-bottom: 1px solid black;">Class</td></tr> <tr><td style="border-bottom: 1px solid black;">3</td><td style="border-bottom: 1px solid black;">CIS 110</td></tr> <tr><td style="border-bottom: 1px solid black;">3</td><td style="border-bottom: 1px solid black;">MATH</td></tr> <tr><td style="border-bottom: 1px solid black;">3</td><td style="border-bottom: 1px solid black;">BIO 103 or Bio 148</td></tr> <tr><td style="border-bottom: 1px solid black;">1</td><td style="border-bottom: 1px solid black;">KHP 120</td></tr> <tr><td style="border-bottom: 1px solid black;">3</td><td style="border-bottom: 1px solid black;">US CITIZENSHIP</td></tr> <tr><td style="border-bottom: 1px solid black;">2</td><td style="border-bottom: 1px solid black;">KHP 190</td></tr> </table> | Hours | Class | 3 | CIS 110 | 3 | MATH | 3 | BIO 103 or Bio 148 | 1 | KHP 120 | 3 | US CITIZENSHIP | 2 | KHP 190 | <b>YEAR 1 – SPRING:</b> | <table style="width: 100%; border-collapse: collapse;"> <tr><td style="border-bottom: 1px solid black;"><i>Hours</i></td><td style="border-bottom: 1px solid black;"><i>Class</i></td></tr> <tr><td style="border-bottom: 1px solid black;"><u>3</u></td><td style="border-bottom: 1px solid black;"><u>CIS 111</u></td></tr> <tr><td style="border-bottom: 1px solid black;"><u>3</u></td><td style="border-bottom: 1px solid black;"><u>QUANTITATIVE</u></td></tr> <tr><td style="border-bottom: 1px solid black;"><u>REASONING</u></td><td></td></tr> <tr><td style="border-bottom: 1px solid black;"><u>3</u></td><td style="border-bottom: 1px solid black;"><u>STA 210</u></td></tr> <tr><td style="border-bottom: 1px solid black;"><u>3</u></td><td style="border-bottom: 1px solid black;"><u>HUMANITIES</u></td></tr> <tr><td style="border-bottom: 1px solid black;"><u>3</u></td><td style="border-bottom: 1px solid black;"><u>GLOBAL</u></td></tr> </table> | <i>Hours</i> | <i>Class</i> | <u>3</u> | <u>CIS 111</u> | <u>3</u> | <u>QUANTITATIVE</u> | <u>REASONING</u> |  | <u>3</u> | <u>STA 210</u> | <u>3</u> | <u>HUMANITIES</u> | <u>3</u> | <u>GLOBAL</u> |
| Hours  | Class   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| 3  | CIS 110   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| 3  | MATH  |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| 3  | BIO 103 or Bio 148  |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| 1  | KHP 120   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| 3  | US CITIZENSHIP  |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| 2  | KHP 190   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| <i>Hours</i>   | <i>Class</i>  |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| <u>3</u>   | <u>CIS 111</u>  |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| <u>3</u>   | <u>QUANTITATIVE</u>   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| <u>REASONING</u>                                     |   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| <u>3</u>   | <u>STA 210</u>  |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| <u>3</u>   | <u>HUMANITIES</u>   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |
| <u>3</u>   | <u>GLOBAL</u>   |       |       |   |         |   |      |   |                    |   |         |   |                |   |         |                         |   |              |              |          |                |          |                     |                  |  |          |                |          |                   |          |               |

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|                        |   |                         |  |
|------------------------|---|-------------------------|--|
|                        | <u>TOTAL HOURS</u><br><u>15</u>   |                         | <u>CITIZENSHIP</u><br><u>TOTAL HOURS</u><br><u>15</u>  |
| <b>YEAR 2 - FALL :</b> | <u>Hours Class</u><br><u>3 ANA 209</u><br><u>3 CHE 105</u><br><u>3 CREATIVITY &amp;</u><br><u>ARTS</u><br><u>3 NFS 101</u><br><u>4 PSY 100</u><br><u>TOTAL HOURS</u><br><u>16</u> | <b>YEAR 2 – SPRING:</b> | <u>Hours Class</u><br><u>3 PGY 206</u><br><u>3 CHE 107</u><br><u>3 KHP 200</u><br><u>3 KHP 230</u><br><u>3 PSY 223</u><br><u>TOTAL HOURS</u><br><u>15</u>  |
| <b>YEAR 3 - FALL:</b>  | <u>Hours Class</u><br><u>5 PHY 211</u><br><u>3 KHP 350</u><br><u>3 CLA 131*</u><br><u>3 KHP 420</u><br><u>2 KHP 210</u><br><u>TOTAL HOURS</u><br><u>16</u>                        | <b>YEAR 3 - SPRING:</b> | <u>Hours Class</u><br><u>2 KHP 260*</u><br><u>3 KHP 450</u><br><u>2 KHP 340</u><br><u>3 BIO 148 or other elective*</u><br><u>2 BIO 155*</u><br><u>TOTAL HOURS</u><br><u>12</u>   |
| <b>YEAR 4 - FALL:</b>  | <u>Hours Class</u><br><u>3 KHP 300</u><br><u>4 KHP 415</u><br><u>3 KHP 240</u><br><u>3 BIO 208*</u><br><u>2 BIO 209*</u><br><u>TOTAL HOURS</u><br><u>15</u>                       | <b>YEAR 4 - SPRING:</b> | <u>Hours Class</u><br><u>4 PGY 412</u><br><u>6 KHP 577</u><br><u>3 KHP 445</u><br><u>3 KHP 573</u><br><u>TOTAL HOURS</u><br><u>16</u><br><u>Total Hours= 120</u><br><u>*-Denotes a class that fulfills</u><br><u>an elective</u> |

## CHANGE UNDERGRADUATE PROGRAM FORM

### Signature Routing Log

**General Information:**

Current Degree Title and Major Name: KHP - Kinesiology and Health Promotion

Proposal Contact Person Name: JW Yates Phone: 257-5879 Email: jwyate1@uky.edu

**INSTRUCTIONS:**

Identify the groups or individuals reviewing the proposal; note the date of approval; offer a contact person for each entry; and obtain signature of person authorized to report approval.

**Internal College Approvals and Course Cross-listing Approvals:**

| Reviewing Group            | Date Approved | Contact Person (name/phone/email) | Signature |
|----------------------------|---------------|-----------------------------------|-----------|
| Biology - Vincent Cassone  | 12/01/2011    | 859 / 257 / 6766                  |           |
| Psychology -Richard Milich | 11/22/2011    | 859 / 257 / 4396                  |           |
| COE - Doug Smith           | Spring 2001   | 859 / 257 / 1824                  |           |
| KHP Depar - Melody Noland  | Spring 2001   | 859 / 257 / 5826                  |           |
|                            |               | / /                               |           |

**External-to-College Approvals:**

| Council                      | Date Approved | Signature                  | Approval of Revision <sup>4</sup> |
|------------------------------|---------------|----------------------------|-----------------------------------|
| Undergraduate Council        | 3/29/2012     | Sharon Gill                |                                   |
| Graduate Council             |               |                            |                                   |
| Health Care Colleges Council |               |                            |                                   |
| Senate Council Approval      |               | University Senate Approval |                                   |

Comments:

<sup>4</sup> Councils use this space to indicate approval of revisions made subsequent to that council's approval, if deemed necessary by the revising council.