

CHANGE UNDERGRADUATE PROGRAM FORM

1. General Information

College: <u>College of Education</u>		Department: <u>Kinesiology and Health Promotion</u>	
Current Major Name:	<u>Health Promotion - K-12 Teacher Certification</u>	Proposed Major Name:	_____
Current Degree Title:	<u>B.S. _____</u>	Proposed Degree Title:	<u>B.S. Health Promotion</u>
Formal Option(s):	_____	Proposed Formal Option(s):	<u>Health Promotion – Non Teaching Certification</u>
Specialty Field w/in Formal Option:	_____	Proposed Specialty Field w/in Formal Options:	_____
Date of Contact with Associate Provost for Academic Administration ¹ : _____			
Bulletin (yr & pgs):	<u>2015-16 p. 222</u>	CIP Code ¹ :	<u>51.0001</u> Today's Date: <u>9/16/15</u>
Accrediting Agency (if applicable): _____			
Requested Effective Date: <input checked="" type="checkbox"/> Semester following approval. OR <input type="checkbox"/> Specific Date ² : _____			
Dept. Contact Person:	<u>Melody Noland</u>	Phone:	<u>859-257-4265</u> Email: <u>melody.noland@uky.edu</u>

2. General Education Curriculum for this Program:

The new General Education curriculum is comprised of the equivalent of 30 credit hours of course work. There are, however, some courses that exceed 3 credits & this would result in more than 30 credits in some majors.

- There is no foreign language requirement for the new Gen Ed curriculum.
- There is no General Education Electives requirement.

Please list the courses/credit hours currently used to fulfill the University Studies/General Education curriculum:

Please identify below the suggested courses/credit hours to fulfill the General Education curriculum.

General Education Area	Course	Credit Hrs
I. Intellectual Inquiry (one course in each area)		
Arts and Creativity	_____	<i>Select from approved list</i>
Humanities	_____	<i>Select from approved list</i>
Social Sciences	_____	<i>Select from approved list</i>
Natural/Physical/Mathematical	_____	<i>Select from approved list</i>
II. Composition and Communication		
Composition and Communication I	CIS or WRD 110	3
Composition and Communication II	CIS or WRD 111	3
III. Quantitative Reasoning (one course in each area)		

¹ Prior to filling out this form, you MUST contact the Associate Provost for Academic Administration (APAA). If you do not know the CIP code, the (APAA) can provide you with that during the contact.

² Program changes are typically made effective for the semester following approval. No program will be made effective until all approvals are received.

CHANGE UNDERGRADUATE PROGRAM FORM

Quantitative Foundations ³	_____	<i>Select from approved list</i>
Statistical Inferential Reasoning	_____	<i>Select from approved list</i>
IV. Citizenship (one course in each area)		
Community, Culture and Citizenship in the USA	_____	<i>Select from approved list</i>
Global Dynamics	_____	<i>Select from approved list</i>
Total General Education Hours		<u>30</u>

3. Explain whether the proposed changes to the program (as described in sections 4 to 12) involve courses offered by another department/program. Routing Signature Log must include approval by faculty of additional department(s).

- COM 471- Health Communication will be required for the major in Health Promotion non-teaching. Based on the University's course catalog description this course will examine theory and research relevant to health communication including interpersonal, organizational, and mass communication approaches. Topics include the role of communication in general, models of health and illness, the relationship between patients and healthcare providers, social support, and health campaigns. This course was selected to address Certified Health Education Specialist (CHES) Responsibility VII - Competency 7.2 - identifying and developing a variety of communication strategies, methods, and techniques; an Competency 7.3 - delivering messages using a variety of strategies, methods, and techniques
- CPH 201 Introduction to Public Health will be required for the major in Health Promotion non-teaching. The undergraduate bulletin course description says, "This course provides the student with basic knowledge about the discipline of public health. The course provides and philosophical and political orientation to public health. Students will begin to acquire functional knowledge of the strategies most often applied in public health practice."

4. Explain how satisfaction of the University Graduation Writing Requirement will be changed.

Current	Proposed
<input type="checkbox"/> Standard University course offering. List: <u>N/A</u>	<input type="checkbox"/> Standard University course offering. List: <u>N/A</u>
<input checked="" type="checkbox"/> Specific course – list: <u>Track 1: EPE 301</u>	<input checked="" type="checkbox"/> Specific course) – list: <u>Track 1: No change Track 2: KHP 300</u>

5. List any changes to college-level requirements that must be satisfied.

Current	Proposed
<input type="checkbox"/> Standard college requirement. List: <u>N/A</u>	<input type="checkbox"/> Standard college requirement. List: <u>N/A</u>
<input type="checkbox"/> Specific required course – list: _____	<input type="checkbox"/> Specific course – list: _____

6. List pre-major or pre-professional course requirements that will change, including credit hours.

Current	Proposed
<u>EDP 202</u> <u>3</u>	<u>Track 1: No change</u>
<u>EDP 203</u> <u>3</u>	<u>Track 2: Students will not be required to take the pre-major course because there are no teacher certification requirements for the new track.</u>
<u>EPE 301</u> <u>3</u>	

³ Note that MA 109 is NOT approved as a Quantitative Foundations course. Students in a major requiring calculus will use a calculus course (MA 113, 123, 137 or 138) while students not requiring calculus should take MA 111, PHI 120 or another approved course.

CHANGE UNDERGRADUATE PROGRAM FORM

7. List the major's course requirements that will change, including credit hours.

Current	Proposed
DHN 101 3	<i>Track 1: No change</i>
KHP 190 2	<i>Track 2:</i>
KHP 220 2	✓ KHP 190 - 2
KHP 222 2	✓ KHP 220 - 2
KHP 230 3	✓ KHP 222 - 2
KHP 330 3	✓ KHP 230 - 3
KHP 420 3	✓ KHP 240 - 3
KHP 445 3	✓ KHP 270 - 3
KHP 310 3	✓ KHP 300 - 3
KHP 270 3	KHP 325 - 3 (proposed new course)
KHP 590 3	✓ KHP 330 - 3
	✓ KHP 420 - 3
	KHP/EPE/EDE 520 - 3 (proposed new course)
	✓ KHP 509 - (changing subtitle course) - 3
	✓ KHP 577 - 6
	✓ KHP 590 - 3
	✓ COM 471 - 3
	✓ CPH 201 - 3

8. Does the pgm require a minor AND does the proposed change affect the required minor? N/A Yes No
 If "Yes," indicate current courses and proposed changes below.

Current	Proposed
_____	<i>Track 1: No change</i>
	<i>Track 2: Students must select a university approved minor.</i>

9. Does the proposed change affect any option(s)? N/A Yes No
 If "Yes," indicate current courses and proposed changes below, including credit hours, and also specialties and subspecialties, if any.

Current	Proposed
_____	_____

10. Does the change affect pgm requirements for number of credit hrs outside the major subject in a related field? Yes No

If so, indicate current courses and proposed changes below.

Current	Proposed
PSY 100 4	<i>Track 1: No change</i>
SOC 101 3	<i>Track 2:</i>
BIO 103 3	✓ PSY 100 4
ANA 209 3	✓ SOC 101 3
PGY 206 3	✓ BIO 103 3
DHN 101 3	✓ (ANA 209 3 and PGY 206 3) OR
KHP 240 3	✓ (ANA 109 4 and ANA 110 4)

11. Does the change affect pgm requirements for technical or professional support electives? Yes No
 If so, indicate current courses and proposed changes below.

CHANGE UNDERGRADUATE PROGRAM FORM

Current	Proposed
EDC 317 <u>1</u>	<i>Track 1: No change</i>
KHP 577 <u>3</u>	<i>Track 2: Students will not be required to take all the Professional Education Course sequence. Because this is a non-teaching certification track students will be required to take KHP 577 for 6 credit hours.</i>
a section for HEPR majors only will be listed on the course catalog	✓
KHP 430 <u>3</u>	
KHP 371 (Student Teaching) <u>12</u>	

12. Does the change affect a minimum number of free credit hours or support electives?

Yes No

If "Yes," indicate current courses and proposed changes below.

Current	Proposed
<u>none</u>	<i>Track 1: No change</i>
	<i>Track 2: Students must select 2 courses from the following list:</i>
	✓ <u>BSC 331</u>
	✓ <u>FAM 350</u>
	✓ <u>FAM 352</u>
	✓ <u>GRN 250</u>
	✓ <u>HHS 353</u>
	✓ <u>SW 320</u>
	✓ <u>MSP 255</u>
	✓ <u>KHP 509 (topic varies)</u>
	In addition, students will take one Free Elective

13. Summary of changes in required credit hours:

	Current	Proposed
a. Credit Hours of Premajor or Preprofessional Courses:	<u>9</u>	<i>Track 1: No change</i> <i>Track 2: 0</i>
b. Credit Hours of Major's Requirements:	<u>30</u>	<i>Track 1: No change</i> <i>Track 2: 48</i>
c. Credit Hours for Required Minor:	<u>18-21</u>	<u>18-21</u>
d. Credit Hours Needed for a Specific Option:	_____	_____
e. Credit Hours Outside of Major Subject in Related Field:	<u>0</u>	<i>Track 1: No change</i> <i>Track 2: 16-18</i>
f. Credit Hours in Technical or Professional Support Electives:	<u>8-9</u>	<i>Track 2: 6</i>
g. Minimum Credit Hours of Free/Supportive Electives:	<u>0</u>	<i>Track 2: 2-3</i>
h. Total Credit Hours Required by Level:	100:	<i>Track 1: 15</i> <i>Track 2: 12</i>
	200:	<i>Track 1: 25</i> <i>Track 2: 22</i>
	300:	<i>Track 1: 22</i> <i>Track 2: 9</i>
	400-500:	<i>Track 1: 15</i> <i>Track 2: 21</i>
i. Total Credit Hours Required for Graduation:	<u>120</u>	<u>120-126</u>

CHANGE UNDERGRADUATE PROGRAM FORM

14. Rationale for Change(s) – if rationale involves accreditation requirements, please include specific references to that.

Due to an increased emphasis on health promotion and wellness in today's society the Kinesiology and Health Promotion (KHP) Department is experiencing an amplified interest in the area of health education and health promotion. The department currently offers a Bachelor of Science degree in Health Promotion and a 24-credit hour minor. The major program is currently designed as a Health Education –teacher certification program. The department is seeing a rise in the number of student requests for a major program in health promotion that does not require teacher certification. The minor in Health Promotion has been offered for many years. As interest in the area of health promotion has grown so has the number of minors in health promotion. Current estimate of minors is approximately 80 students.

The KHP Department is proposing a new health promotion non-teaching certification track as another option for students seeking a degree in Health Promotion. Students who select the Health Promotion non-teaching certification track will complete major courses within the department, along with a University approved minor, a program-related course sequence, and a practicum experience in a health education/health promotion setting. Since this proposed track is non-teaching and will not be associated with the teacher education program there would be the graduation requirement GPA of 2.2 minimum.

The program being proposed meets professional standards advanced by the National Commission for Health Education Credentialing (NCHEC). Increasingly, employers are realizing that properly trained health educators have a specific set of skills and they advertise for people that have CHES (Certified Health Education Specialist) certification. The standards for CHES are provided by NCHEC and the examination to achieve CHES certification is administered by that same group. Students currently in the Health Promotion minor do not meet the requirements to sit for the CHES exam. With this proposed track KHP students will be prepared to take and pass that examination.

After graduation, students with the degree in Health Promotion non-teaching certification will be eligible to take the CHES exam, apply to graduate schools in health related areas of study, seek employment in hospitals, health departments, worksite wellness, state or national agencies and organizations, or other similar settings. Health Education Specialists are dedicated to promoting healthy behaviors necessary to reduce and prevent disease, injury, and disability. Their specific responsibilities include assessing individual and community needs for health education; planning, implementing, and evaluating effective health education programs; coordinating the provision of health education services; acting as a health education resource; and communicating health education needs, concerns, and resources.

The following requirements can be found on the NCHEC website:

CHES Exam Eligibility:

Exam applications, University Transcripts, and any supporting documentation become the property of NCHEC. These items will not be returned to the exam applicant or forwarded to a third party. Eligibility to take the CHES examination is based exclusively on academic qualifications. An individual is eligible to take the examination if he/she has:

A bachelor's, master's or doctoral degree from an accredited institution of higher education; AND one of the following:

- An official transcript (including course titles) that clearly shows a major in health education, e.g., Health Education, Community Health Education, Public Health Education, School Health Education, etc. Degree/major must explicitly be in a discipline of "Health Education."

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OR

CHANGE UNDERGRADUATE PROGRAM FORM

- An official transcript that reflects at least 25 semester hours or 37 quarter hours of course work (with a grade "c" or better) with specific preparation addressing the Seven Areas of Responsibility and Competency for Health Educators.

Applicants for the CHES exam will have at least 25 semester hours/37 quarter hours of coursework (with a grade of C or better) with specific preparation addressing the Seven Areas of Responsibilities and Competencies for Health Educators. The following guidance is offered to applicants without an earned degree in Health Education seeking to qualify for the CHES exam, based on the 25 hours of coursework requirement:

- A minimum of 12 semester hours/18 quarter hours must be from process courses that clearly align with the Seven Areas of Responsibility.
- A maximum of 9 semester hours/14 quarter hours may be from topic-focused courses that include elements contained in the Seven Areas of Responsibility.
- A maximum of 6 semester hours/8 quarter hours may be from other courses that include elements contained in the Seven Areas of Responsibility.

In addition to the above rationale, Track 2 will include specific requirements for Academic Performance. See details in the Bulletin narrative which is attached.

15. List below the typical semester by semester program for the major. If multiple options are available, attach a separate sheet for each option.

YEAR 1 – FALL: (e.g. "BIO 103; 3 credits")	<u>Track 2</u> <u>CIS 110</u> 3 HRS <u>ARTS & CREATIVITY</u> 3 HRS <u>MA 111</u> 3 HRS <u>SOC 101</u> 3 HRS <u>GLOBAL CITIZENSHIP</u> _____ 3 HRS	YEAR 1 – SPRING:	<u>Track 2</u> <u>CIS 111</u> 3 HRS <u>HUMANITIES</u> 3 HRS <u>US CITIZENSHIP</u> 3 HRS <u>PSY 100</u> 4 HRS <u>BIO 103</u> 3 HRS
YEAR 2 - FALL :	<u>Track 2</u> <u>ANA 209/109</u> 3 HRS <u>CPH 201</u> 3 HRS <u>KHP 270</u> 3 HRS <u>KHP 230</u> 3 HRS <u>MINOR COURSE</u> 3 HRS	YEAR 2 – SPRING:	<u>Track 1</u> <u>PGY 206/ANA 110</u> 3 HRS <u>KHP 190</u> 2 HRS <u>STA 210</u> 3 HRS <u>MINOR COURSE</u> 3 HRS <u>MINOR COURSE</u> 3 HRS
YEAR 3 - FALL:	<u>Track 2</u> <u>KHP 325</u> 3 HRS <u>KHP 420</u> 3 HRS <u>KHP 220 (first 1/2 semester</u> _____ 2 HRS <u>KHP 222 (second 1/2 semster</u> _____ 2 HRS <u>Free Elective</u> 2-3HRS	YEAR 3 - SPRING:	<u>Track 2</u> <u>KHP 240</u> 3 HRS <u>KHP 330</u> 3 HRS <u>KHP 300</u> 3 HRS <u>MINOR COURSE</u> 3 HRS
YEAR 4 - FALL:	<u>Track 2</u> <u>KHP 590</u> 3 HRS <u>KHP 509 (changing subtitle</u> <u>course)</u> 3 HRS <u>HP Major Elective</u> 3 HRS <u>MINOR COURSE</u> 3 HRS	YEAR 4 - SPRING:	<u>Track 2</u> <u>KHP 577</u> 6 HRS <u>MINOR COURSE</u> 3 HRS <u>COM 471</u> 3 HRS <u>HP Major elective</u> 3 HRS

CHANGE UNDERGRADUATE PROGRAM FORM

	<u>KHP/EDP/EPE 520</u> <u>3 HRS</u>		
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CHANGE UNDERGRADUATE PROGRAM FORM

Signature Routing Log

General Information:

Current Degree Title and Major Name: B.S in Health Promotion; Health Education Teacher Certification

Proposal Contact Person Name: Melody Noland Phone: 257-4265 Email: melody.noland@uky.edu

INSTRUCTIONS:

Identify the groups or individuals reviewing the proposal; note the date of approval; offer a contact person for each entry; and obtain signature of person authorized to report approval.

Internal College Approvals and Course Cross-listing Approvals:

Reviewing Group	Date Approved	Contact Person (name/phone/email)	Signature
Department of Communication	9/13/2013	Dr. Elisia Cohen / 859.338.6905 / elisia.cohen@uky.edu	
KHP Faculty	8/27/2015	Dr. Melody Noland / 859.257.4265 / mnola01@email.uky.edu	
College of Public Health	5/6/15	Dr. Katie Cardarelli / 218-0241 / Kathryn.cardarelli@uky.edu	
College Of Edu C&C	10/01/15	Justin Nichols / 7-4748 /justin.nichols2@uky.edu	
College of Education	10/30/2015	Rosetta Sandidge / 8-2887 /rosetta.sandidge@uky.edu	

External-to-College Approvals:

Council	Date Approved	Signature	Approval of Revision ⁴
Undergraduate Council	2/12/16	Joanie Ett-Mims	
Graduate Council			
Health Care Colleges Council			
Senate Council Approval		University Senate Approval	

Comments:

⁴ Councils use this space to indicate approval of revisions made subsequent to that council's approval, if deemed necessary by the revising council.

**B.S. in Education with a major in
HEALTH PROMOTION
(Non-Teaching Certification
Program)**

Requirements for Program

The Department of Kinesiology and Health Promotion offers undergraduate courses and degree programs in kinesiology (exercise science and physical education) and health promotion. The health promotion program includes two tracks (health promotion non-teaching certification and health education teaching certification). Students with the degree in Health Promotion non-teaching certification will be eligible to take the Certified Health Education Specialist (CHES) exam, apply to graduate schools in health related areas of study, seek employment in hospitals, health departments, worksite wellness, state or national agencies and organizations, or other similar settings. Health promotion is the process of enabling people to increase control over, and to improve, their health. It moves beyond a focus on individual behavior towards a wide range of social and environmental interventions. The purpose of health promotion is to promote quality of life for all people. This area of study is interdisciplinary, extending into biology, psychology, sociology, and medicine. Health promotion generally focuses on the whole individual, including social and emotional dimensions, not just the physical. The Health Promotion track 2 is guided by the standards of the National Commission for Health Education Credentialing (NCHEC).

The B.S. in Education Health Promotion (non-teaching certification) requires completion of the following: (1) the UK Core requirements; (2) specified course work in Program Related Studies and Health Promotion course requirements; (3) practicum

internship hours and 4) completion of a university approved minor.

Probation, Dismissal and Reinstatement Policy

An undergraduate health promotion major may be dismissed from the College of Education Kinesiology and Health Promotion Department for failure to make satisfactory progress. In the KHP program, the college continuously monitors the progress of all KHP students. Consistent with University regulations and the College of Education, requirements are that KHP programs have policies for terminating a student's enrollment for reasons of academic and professional performance.

The following rules apply in the College of Education, Kinesiology and Health Promotion Department, Health Promotion major (non-teaching certification):

Academic Performance

1. All students in the health promotion track 2 will enter the major with lower-division standing.
2. Students must take KHP 230, (ANA 209 and, PGY 206) OR (ANA 109 and ANA 110), and BIO 103 to be admitted to upper division standing.
3. At 45 hours, students will have to have taken the courses listed above and have an overall 2.2 GPA to be admitted to upper division standing.
4. For students in the nonteaching health promotion major (track 2), these courses will be restricted to those who have upper division standing: KHP 325, 330, 420, 520, 509 and 590. Students who are enrolled in the minor in health promotion and students taking these courses as electives will still be allowed to enroll in the courses.
5. Students will fill out a brief application form to gain upper division status and turn this form into their advisor. KHP advisors in

the College of Education will assume responsibility to review students' transcripts to determine if students should gain upper division status.

6. A 3-person appeals committee of Health Promotion faculty will be established to determine standards for accepting students who may have extenuating circumstances and to review appeals.

7. Once admitted to upper division status, students will be required to maintain a 2.2 grade point average (GPA). Should their GPA drop below a 2.2, they would have one semester to bring their GPA up to a 2.2. If that does not occur, the student would no longer be in the program.

8. After admittance to the program, students not only must maintain a 2.2 GPA, they must continue to exhibit desirable professional characteristics to remain in the program. Students who demonstrate a lack of commitment, effort, professional behavior, and knowledge may be removed from the program until these characteristics are demonstrated.

UK Core Requirements

See the UK Core section of this Bulletin for the complete UK Core requirements. The courses listed below are (a) recommended by the college, or (b) required courses that also fulfill UK Core areas. Students should work closely with their advisor to complete the UK Core requirements.

- I. Intellectual Inquiry in Arts and Creativity
Choose one course from approved list 3
- II. Intellectual Inquiry in the Humanities
Choose one course from approved list 3
- III. Intellectual Inquiry in the Social Sciences
SOC 101 Introduction to Sociology 3
- IV. Intellectual Inquiry in the Natural,
Physical, and Mathematical Sciences BIO 103

Basic Ideas of Biology	3
V. Composition and Communication I CIS/WRD 110 Composition and Communication I	3
VI. Composition and Communication II CIS/WRD 111 Composition and Communication II	3
VII. Quantitative Foundations Choose one course from approved list	3
VIII. Statistical Inferential Reasoning STA 210 Making Sense of Uncertainty: An Introduction to Statistical Reasoning	3
IX. Community, Culture and Citizenship in the USA Choose one course from approved list	3
X. Global Dynamics Choose one course from approved list	3
UK Core hours.....	30

**Graduation Composition and
Communication Requirement
(GCCR)**

After attaining sophomore status, students must complete the Graduation Composition and Communication Requirement. KHP 300 has been approved for GCCR credit.

**Program Related Studies Course
Sequence (16-18 hours)**

PSY 100 Introduction to Psychology	4
SOC 101 Introduction to Sociology	3
BIO 103 Basic Ideas of Biology	3
(ANA 209 3 Principles of Human Anatomy and PGY 206 3 Elementary Physiology) Or (ANA 109 4 and ANA 110 4)	6-8

**Professional Health Promotion
Requirements (42 hours)**

KHP 190 First Aid and Emergency Care	2
KHP 220 Sexuality Education	2
KHP 222 Drug Education	2
KHP 230 Human Health and Wellness	3
KHP 240 Nutrition and Physical Fitness	3
KHP 270 Introduction to Health Education and Health Promotion	3
KHP 300 Psychology and Sociology of P.E. and Sport	3

KHP 325 Community Organizing in Health Promotion	3
KHP 330 Planning and Implementing Health Education Programs	3
KHP 420 Physiology of Exercise	3
KHP/EDE/EPE 520 Program Evaluation	3
KHP 509 Workshop in Health and Safety (topic varies).....	3
KHP 590 Advanced Health Concepts	3
COM 471 Health Communication	3
CPH 201 Introduction to Public Health	3

Practicum (6 hours)

KHP 577 Practicum	6
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Electives (6 hours)

Electives from the following specified list of courses chosen with the help of an advisor:

- BSC 331
- FAM 350
- FAM 352
- GRN 250
- HHS 353
- SW 320
- HSP 255
- KHP 509 (can be retaken for up to 6 hours, topic varies)

Free Elective (2-3 hours)

Minor (18-21 hours)

One or more university approved minors (18-21 hours).
Note: University approved minors outside of the College of Education must be planned with an advisor in the appropriate college.