APPLICATION FOR NEW COURSE

1. Submitted by College of   Public Health   Date   12/1/06

    Department/Division offering course   Gerontology

2. Proposed designation and Bulletin description of this course

    a. Prefix and Number   GRN 704   b. Title*   Mental Health and Aging
            *NOTE: If the title is longer than 24 characters (including spaces), write
            A sensible title (not exceeding 24 characters) for use on transcripts

    c. Lecture/Discussion hours per week   3   d. Laboratory hours per week   0

    e. Studio hours per week   0   f. Credits   3

    g. Course description

        The aim of this class is to provide some breadth and selected depth in the area of Mental Health and Aging, aimed at nonclincal graduate students. Various psychiatric syndromes will be evaluated in lectures and throughout the readings in relation to prevalence, assessment, etiology, and treatment in reference to research in older adults.

    h. Prerequisites (if any)

        none

    i. May be repeated to a maximum of   (if applicable)

4. To be cross-listed as

    _____   _____
            Prefix and Number   Signature, Chairman, cross-listing department

5. Effective Date   Spring 2008   (semester and year)

6. Course to be offered   ☐ Fall   ☒ Spring   ☐ Summer

7. Will the course be offered each year?   ☐ Yes   ☒ No
    (Explain if not annually)

    Rotated with an alternative Mental Health substative course. Contingent on faculty resources.

8. Why is this course needed?

    Currently a gap exists in course offereings in this area.

9. a. By whom will the course be taught?   Faika Zanjani

    b. Are facilities for teaching the course now available?   ☒ Yes ☐ No
        If not, what plans have been made for providing them?

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10. What enrollment may be reasonably anticipated? 15

11. Will this course serve students in the Department primarily? ☐ Yes ☒ No

    Will it be of service to a significant number of students outside the Department? ☒ Yes ☐ No
    If so, explain.

    This course will provide substantive research-based knowledge in the area of mental health and substance abuse, within a Gerontological research-application viewpoint. The university community as a whole will benefit academically by being able to offer a clinically relevant course in this area, targeted at non-clinical graduate students that can enhance their cumulative knowledge about the multiple facets of health.

    Will the course serve as a University Studies Program course? ☐ Yes ☒ No

    If yes, under what Area?

12. Check the category most applicable to this course

    ☒ traditional; offered in corresponding departments elsewhere;

    ☐ relatively new, now being widely established

    ☐ not yet to be found in many (or any) other universities

13. Is this course applicable to the requirements for at least one degree or certificate at the University of Kentucky? ☐ Yes ☒ No

14. Is this course part of a proposed new program: ☐ Yes ☒ No
    If yes, which?

15. Will adding this course change the degree requirements in one or more programs?* ☐ Yes ☒ No
    If yes, explain the change(s) below

16. Attach a list of the major teaching objectives of the proposed course and outline and/or reference list to be used.

17. If the course is a 100-200 level course, please submit evidence (e.g., correspondence) that the Community College System has been consulted. ☐ Check here if 100-200.

18. If the course is 400G or 500 level, include syllabi or course statement showing differentiation for undergraduate and graduate students in assignments, grading criteria, and grading scales. ☐ Check here if 400G-500.

19. Within the Department, who should be contacted for further information about the proposed course?

    Name Faika Zanjani   Phone Extension 859-257-1750 x80195

*NOTE: Approval of this course will constitute approval of the program change unless other program modifications are proposed.

20. Signatures to report approvals:

2-20-08
DATE of Approval by Department Faculty

GRAHAM D. ROWLES
printed name   Reported by Department Chair   signature

2-20-08
DATE of Approval by College Faculty

Linda A. Alexander
printed name   Reported by College Dean   signature
Assoc Dean for Academic Affairs

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* DATE of Approval by Undergraduate Council

printed name   Reported by Undergraduate Council Chair   signature

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* DATE of Approval by Graduate Council

printed name   Reported by Graduate Council Chair   signature

2/21/08
* DATE of Approval by Health Care Colleges Council (HCCC)

Heidi Anderson
printed name   Reported by Health Care Colleges Council Chair   signature

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* DATE of Approval by Senate Council

Reported by Office of the Senate Council

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* DATE of Approval by University Senate

Reported by Office of the Senate Council

*If applicable, as provided by the *University Senate Rules. (http://www.uky.edu/USC/New/RulesandRegulationsMain.htm)*

Class: Mental Health and Aging (GRN 704)
Spring 2007
Tuesdays 10:00am—12:45pm

Instructor:
Faika Zanjani
University of Kentucky-Gerontology Department
306B Wethington Health Sciences Building
900 South Limestone
Lexington, KY 40536-0200
Telephone: (859) 257-1450 x80195
FAX: (859) 323-5747
email: f.zanjani@uky.edu

Office Hours:
        By appointment

Course Description:
The aim of this class is to achieve some breadth and selected depth in the area of Mental Health and Aging. Various psychiatric syndromes will be evaluated in lectures and throughout the readings in relation to prevalence, assessment, etiology, and treatment in reference to the older adult. Further, the class is designed to apply basic concepts of Mental Health and Aging to the research, clinical, and policy realms by using external sources for application. Through practical assessment, students will have knowledge and able to recognize the symptomology of select psychiatric syndromes. A concluding group project is structured to enable students to apply their learning into areas of self interest.

Required Texts:
The American Psychiatric Publishing Textbook of Geriatric Psychiatry, Third Edition. Dan G. Blazer, David C. Steffens, and Ewald W. Busse, 2004.
TBA Journal Articles

Recommended Tests:
Clincal Manual of Geriatric Psychiatry. James E Spar, Asenath La Rue, 2006
Handbook of Geriatric Assessment. Joseph J. Gallo, Hilliary R. Bogner, Terry Fulmer, Gregory J. Paveza, 2006.
Diagnostic and Statistical Manual of Mental Disorders, 4th Edition.

Online Resources:
NIMH http://www.nimh.nih.gov/
NIA http://www.nia.nih.gov/
CDC http://www.cdc.gov/
SAMHSA http://www.samhsa.gov/
NIH Forms and Applications http://grants1.nih.gov/grants/forms.htm

Course Aims:
1. Understand varying Mental Health Diagnoses and how they may vary in old age.
2. Be able to adapt them to your area of interest.
3. Be able to critically analyze Mental Health and Aging research.
4. Understand the biological, psychological, social, behavioral relationships.
5. Be familiar with common methods to assess varying Mental Health Diagnoses.

Methods to Achieve Aims:
1. Analyze selected scientific readings.
2. Class lectures on Clinical and Health Research Perspectives
3. Lead extended group discussions on at least one alternate area (e.g. policy, community, cellular, institutional) of Mental Health and Aging.
4. Carry out Mental Health assessment.
5. Developing a Grant Proposal in the area of Mental Health and Aging.
6. Understand community status of Mental Health conditions in the Media and Science (NIH "Program Announcements (PAs)" and "Request for Proposals (RFAs)")

Assignments/Grading:
Leading a Class Discussion—20% (100 points)
¼ of the grade will be based on the pre-class meeting with Instructor.
Due Date: The corresponding class period; determined by the class that you volunteer to lead.

Reflective Writing—20% (100 points)
Due Date: Every class period (each worth 8-points, opportunity of earning 20-bonus points if all 15 completed with high-quality)

Grant Proposal—20% (100 points)
Due Date: March 27th, 2007

Proposal Constructive-Critique—20% (100 points)
½ of the grade will be based on class participation during the review.
Due Date: April 10th, 2007

Proposal Presentation—20% (100 points)
** Only one project can be funded, the project that the class decides to fund will be awarded 10 bonus points.

Final Grade (500 total points)
      A   (450—500+)
      B   (400—449)
      C   (350—399)
      E   (330 or below)
** Normative rounding rules will be applied when necessary.

Class Format:
1. Reflective Writing
2. Class Leader Component
3. Diagnosis/Assessment
4. Treatment Options
5. Discussion on Dynamic Attributes/Consequences of Condition

Policies

Attendance: Class attendance will be monitored through Reflective Writings, with the opportunity of earning bonus points.

Late Assignments: It is expected that all assignments will be completed and given to the instructors on the date that they are due. Late assignments will be penalized up to 10% for each day after the assigned due date. There will be no late or makeup for the reflective writing assignments.

Academic Honesty: PLAGIARISM and CHEATING are serious academic offenses. The minimum penalty for those academic offenses is failure in the assignment in which the infraction occurs.

The University regulations pertaining to this matter can be found at
http://www.uky.edu/StudentAffairs/Code/

Class Schedule:

January 10 - Wednesday - First day of classes
January 15 - Monday - Martin Luther King Birthday - Academic Holiday

Week 1: Tuesday, January 16, 2007
Introduction
Syllabus
Sign-Ups
Context of Mental Health and Aging
Basic Science of Geriatric Psychiatry
Epidemiology
Readings:

Week 2: Tuesday, January 23, 2007
Psychiatric Evaluation
Readings:

Week 3: Tuesday, January 30, 2007
Mood Disorders
Readings:

Week 4: Tuesday, February 6, 2007
Anxiety-Panic Disorders
Readings:

Week 5: Tuesday, February 13, 2007
Schizophrenia and Paranoid Disorders
Readings:

Week 6: Tuesday, February 20, 2007
Suicide
Readings:

Week 7: Tuesday, February 27, 2007
Personality, Somatoform, Sexual Disorders
Readings:

Week 8: Tuesday, March 6, 2007
Addictions
Readings:

March 12-17 - Monday through Saturday - Spring Vacation - Academic Holidays

Week 9: Tuesday, March 20, 2007
Movement/Sleep and Circadian Rhythm Disorders

Readings:
Chapter 11-12

Week 10: Tuesday, March 27, 2007
Cognitive Disorders
Readings:

Week 11: Tuesday, April 3, 2007
Bereavement & Adjustment, Agitation & Suspiciousness Disorders
Readings:

Week 12: Tuesday, April 10, 2007
Treatments
Readings:

Week 13: Tuesday, April 17, 2007
Presentations/Reviews

Week 14: Tuesday, April 24, 2007 (Last Class)
Presentations/Reviews

Week 15: Tuesday, May 1, 2007 (Final Exam Period)
Presentations/Reviews