

# REQUEST FOR NEW COURSE

## 1. General Information.

- a. Submitted by the College of: EDP Today's Date: 11/21/09
- b. Department/Division: EDP
- c. Contact person name: Sharon Rostosky Email: s.rostosky@uky.edu Phone: 257-7880
- d. Requested Effective Date:  Semester following approval OR  Specific Term/Year<sup>1</sup>: \_\_\_\_\_

## 2. Designation and Description of Proposed Course.

- a. Prefix and Number: EDP 662
- b. Full Title: Doctoral pre-practicum Seminar
- c. Transcript Title (if full title is more than 40 characters): \_\_\_\_\_
- d. To be Cross-Listed<sup>2</sup> with (Prefix and Number): \_\_\_\_\_

e. Courses must be described by at least one of the meeting patterns below. Include number of actual contact hours<sup>3</sup> for each meeting pattern type.

1. 25 Lecture \_\_\_\_\_ Laboratory<sup>1</sup> \_\_\_\_\_ Recitation \_\_\_\_\_ Discussion \_\_\_\_\_ Indep. Study \_\_\_\_\_  
\_\_\_\_\_ Clinical \_\_\_\_\_ Colloquium \_\_\_\_\_ Practicum \_\_\_\_\_ Research \_\_\_\_\_ Residency \_\_\_\_\_  
\_\_\_\_\_ Seminar \_\_\_\_\_ Studio \_\_\_\_\_ Other – Please explain: \_\_\_\_\_

- f. Identify a grading system:  Letter (A, B, C, etc.)  Pass/Fail
- g. Number of credits: 1
- h. Is this course repeatable for additional credit? YES  NO
- If YES: Maximum number of credit hours: \_\_\_\_\_
- If YES: Will this course allow multiple registrations during the same semester? YES  NO

i. Course Description for Bulletin: Preparation for UK Counseling Center Doctoral Level practicum will include starting to develop an integrative understanding of theory, assessment, ethics, and practice as it relates to effective work with university students. The course introduces the application of traditional individual and group psychotherapy and the provision of effective outreach and consultation on a university campus. Lecture, 1 hour, 15 minutes.

- j. Prerequisites, if any: Approval for doctoral-level practicum at the UK Counseling & Testing Center
- k. Will this course also be offered through Distance Learning? YES<sup>4</sup>  NO
- l. Supplementary teaching component, if any:  Community-Based Experience  Service Learning  Both

<sup>1</sup> Courses are typically made effective for the semester following approval. No course will be made effective until all approvals are received.

<sup>2</sup> The chair of the cross-listing department must sign off on the Signature Routing Log.

<sup>3</sup> In general, undergraduate courses are developed on the principle that one semester hour of credit represents one hour of classroom meeting per week for a semester, exclusive of any laboratory meeting. Laboratory meeting, generally, represents at least two hours per week for a semester for one credit hour. (from SR 5.2.1)

<sup>4</sup> You must *also* submit the Distance Learning Form in order for the proposed course to be considered for DL delivery.

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3. Will this course be taught off campus? YES  NO

4. Frequency of Course Offering.

a. Course will be offered (check all that apply):  Fall  Spring  Summer

b. Will the course be offered every year? YES  NO

If NO, explain: \_\_\_\_\_

5. Are facilities and personnel necessary for the proposed new course available? YES  NO

If NO, explain: \_\_\_\_\_

6. What enrollment (per section per semester) may reasonably be expected? 8-12

7. Anticipated Student Demand.

a. Will this course serve students primarily within the degree program? YES  NO

b. Will it be of interest to a significant number of students outside the degree pgm? YES  NO

If YES, explain: \_\_\_\_\_

8. Check the category most applicable to this course:

Traditional – Offered in Corresponding Departments at Universities Elsewhere

Relatively New – Now Being Widely Established

Not Yet Found in Many (or Any) Other Universities

9. Course Relationship to Program(s).

a. Is this course part of a proposed new program? YES  NO

If YES, name the proposed new program: \_\_\_\_\_

b. Will this course be a new requirement<sup>5</sup> for ANY program? YES  NO

If YES<sup>5</sup>, list affected programs: \_\_\_\_\_

10. Information to be Placed on Syllabus.

a. Is the course 400G or 500? YES  NO

If YES, the *differentiation for undergraduate and graduate students must be included* in the information required in **10.b**. You must include: (i) identification of additional assignments by the graduate students; and/or (ii) establishment of different grading criteria in the course for graduate students. (See SR 3.1.4.)

b.  The syllabus, including course description, student learning outcomes, and grading policies (and 400G-/500-level grading differentiation if applicable, from **10.a** above) are attached.

<sup>5</sup> In order to change a program, a program change form must also be submitted.

# REQUEST FOR NEW COURSE

## Signature Routing Log

**General Information:**

Course Prefix and Number: EDP 662  
 Proposal Contact Person Name: Sharon Rostosky Phone: 7-7880 Email: s.rostosky@duky.edu

**INSTRUCTIONS:**

Identify the groups or individuals reviewing the proposal; note the date of approval; offer a contact person for each entry; and obtain signature of person authorized to report approval.

**Internal College Approvals and Course Cross-listing Approvals:**

Reviewing Group	Date Approved	Contact Person (name/phone/email)	Signature
EDP	11/24	Fred Danne 7-7878 fdanne@duky.edu	<i>Fred Danne</i>
Courses + Curricula	12/3/09	Jeff Reese 7-4909 jeff.reese@duky.edu	<i>Jeff Reese</i>
College of Education	12/8/09	Deborah Slaton 7-9795 dslaton@duky.edu	<i>Deborah Slaton</i>
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**External-to-College Approvals:**

Council	Date Approved	Signature	Approval of Revision <sup>6</sup>
Undergraduate Council			
Graduate Council			
Health Care Colleges Council			
Senate Council Approval		University Senate Approval	

**Comments:**

<sup>6</sup> Councils use this space to indicate approval of revisions made subsequent to that council's approval, if deemed necessary by the revising council.

# **EDP 662 Doctoral Pre-Practicum Course Syllabus – Fall 2009**

## **Course info:**

Thursdays

9:30 to 10:45 a.m.

203 Frazee Hall

Counseling & Testing Center, 257-8701

Instructors: Dr. Di Sobel (dsobe00@uky.edu) & Dr. Linda Hellmich (lkhell2@uky.edu)

## **Course Description:** (from University Bulletin)

Preparation for UK Counseling Center Doctoral Level practicum will include starting to develop an integrative understanding of theory, assessment, ethics, and practice as it relates to effective work with university students. The course introduces the application of traditional individual and group psychotherapy and the provision of effective outreach and consultation on a university campus. Lecture, 1 hour, 15 minutes.

## **Student Learning Outcomes**

1. Students will be able to describe the developmental issues pertinent to the psychosocial health of late adolescent and emerging adult clients in a university setting.
2. Students will be able to specify how important ethical practices regarding confidentiality, informed consent, etc are enacted through the specific protocols and procedures of the UKCTC.
3. Students will be able to articulate the major assumptions of Interpersonal Process Therapy and its utility in addressing the relational concerns of university students.
4. Students will demonstrate knowledge of the UKCTC intake, assessment, and referral procedures.
5. Students will be able to develop an outreach presentation and will understand the role of counseling center psychologists in providing outreach and consultation to campus groups and other professionals.

## **Required text:**

Interpersonal Process in Therapy: An Integrative Model by Edward Teyber

5<sup>th</sup> Ed. 2006

## **Assignments:**

This text is to be read by the October 22 class period. A short reflective paper (5 pages) on how this has influenced your theoretical orientation is due December 10.

An intake is to be written up after the September 17 class and is to be emailed to the instructors by Tuesday, September 24.

A 20 minute outreach program is to be outlined and presented in class on either Nov 19 or Dec 3.

## **Grading Criteria**

The grade will be based on completing the assignments and from class participation. Adequately completing the assignments and participating in class will get you an A grade.

## **Pre-prac class course outline:**

- Aug. 27      Intro to class, C&T Services, Late adolescent clients  
Issues for this special population, developmental issues vs. pathology,  
late adolescents as clients
- Sept. 3      Intake Sessions at C & T  
Paperwork  
Talking with clients about confidentiality  
Format of the interview
- Identifying Info
  - Mental Status/Behavioral Observations
  - Lethality
  - Presenting Problem
  - History of Presenting Problem
  - Social History
  - Educational History
  - Vocational History
  - Family History
  - Health/Medical Status
  - Treatment History
  - Client Goals
  - Conceptualization
  - Recommendations/Comments
- Special issues to C&T
- Balance between getting information and establishing some kind of relationship
  - Letting client know that the intake counselor may not be the regular counselor
  - Making an appropriate referral within the center staff
  - Ethics: dual roles, confidentiality, maintaining records, reporting
- Sept. 10      Ethics, risk assessment and coding for intake and for ongoing sessions  
Referral out when appropriate and how to make that happen  
Risk assessment (SI/HI)
- What to look for
  - What to ask
  - Are you thinking about killing yourself? Are you thinking about suicide?
  - What thoughts have you had about killing yourself?
  - Do you have a plan?
  - Do you have access to the means to kill yourself (gun, knife, pills, car, etc.)?
  - Have you attempted suicide before?
  - Did you really mean to kill yourself? Do you regret not being successful?

- When did the attempt occur?
- What did you use in your attempt?
- What happened after the attempt (nothing, medical attention, psychiatric hospitalization, etc.)?

Risk level assignment

Safety planning

Emergency services

- On Duty counselor (OD) and On Call Counselors (OCCs)
- 911 – orange folder
- Student Behavioral Health

Other options for staying safe

- Sept. 17      Observe C&T staff member conduct intake  
**Write-up of an observed intake by professional staff, in by Tuesday**
- Sept. 24      Critique of write-ups  
Mock interviewing with each other/role play

- Oct. 1 Referral to group from intake or other systems modality, when appropriate and how to make a successful referral  
Group therapy and referring to group  
Rationale for group  
Structure, process of group  
Appropriate clients for group  
Why not group?
- Oct. 8 Multicultural perspective  
Special issues with Kentucky regional clients and diversity in general  
Appalachia, 1<sup>st</sup> generation college student, suitcase-college,  
Commuter issues, African-American issues, Intl. student issues  
Working with clients from diverse backgrounds  
Talking about diversity issues with clients  
Monitoring your own bias/blind spots
- Oct. 15 DVD of a form of Interpersonal Therapy  
Hannah Levenson does ongoing therapy with one client
- Oct. 22 DVD continued and discussion  
Reactions to Interpersonal Therapy as seen on DVD
- Oct. 29 Conceptualization for intake and sessions  
Interpersonal process perspective: how issues are manifested in the session and in the therapeutic relationship  
Dynamic perspective: how past issues have led to negative core beliefs and created bad/dysfunctional patterns  
Other theoretical perspectives  
Developing a framework for therapy
- Nov. 5 Working with other Professionals (on and off campus)  
Campus Resources  
Community Resources
- Nov. 12 Outreach  
Planning toward audience, presentation tips and skills  
Developing a program  
Connecting with your audience  
Various techniques (lecture, activities, group discussion)  
Plan an outreach on appropriate topic
- Nov. 19 Outreach role play/practice
- Nov. 26 No Class/ Thanksgiving
- Dec. 3 Outreach role play/practice
- Dec. 10 Wrap-up and Supervision  
Supervision process  
Roles and Responsibilities of supervisors/supervisees

What have you gotten out of supervision so far/What are you looking for?  
Use of video/how to tape sessions  
Record keeping  
Keeping supervisor up to date

1/14/09 TCB/DS