

### 1. General Information

1a. Submitted by the College of: PUBLIC HEALTH

Date Submitted: 1/14/2015

1b. Department/Division: Dept Of Preventive Med &Envir

1c. Contact Person

Name: Andrea Perkins

Email: andrea.perkins@uky.edu

Phone: 218-2021

Responsible Faculty ID (if different from Contact)

Name: David Mannino

Email: dmannino@uky.edu

Phone: 218-2099

1d. Requested Effective Date: Semester following approval

1e. Should this course be a UK Core Course? No

## 2. Designation and Description of Proposed Course

2a. Will this course also be offered through Distance Learning?: No

2b. Prefix and Number: CPH 423

2c. Full Title: Health of Kentuckians

2d. Transcript Title:

2e. Cross-listing:

2f. Meeting Patterns

LECTURE: 45

2g. Grading System: Letter (A, B, C, etc.)

2h. Number of credit hours: 3

2i. Is this course repeatable for additional credit? No

If Yes: Maximum number of credit hours:

If Yes: Will this course allow multiple registrations during the same semester?



## **New Course Report**

- 2j. Course Description for Bulletin: This course provides an overview of the determinants, factors, and remedies to the traditionally poor health status of Kentuckians. The course focus is on population health of the Commonwealth, with an emphasis on data, trends and solutions to illness, death and disability. Other topics include health rankings, vital statistics and demographic factors. The comparison of Kentucky's population health status to the US average and to other states is presented, plus strategies to improve population health in the Commonwealth. Additional topics include the relationship between Kentucky's demographic, economic, environmental, and education characteristics and their impact on health.
- 2k. Prerequisites, if any:
- 21. Supplementary Teaching Component:
- Will this course taught off campus? No If YES, enter the off campus address:
- 4. Frequency of Course Offering: Summer,

Will the course be offered every year?: Yes

If No, explain:

- 5. Are facilities and personnel necessary for the proposed new course available?: Yes

  If No, explain:
- 6. What enrollment (per section per semester) may reasonably be expected?: 60
- 7. Anticipated Student Demand

Will this course serve students primarily within the degree program?: No

Will it be of interest to a significant number of students outside the degree pgm?: Yes

If Yes, explain: This course will appeal to a broad spectrum of students from a variety of disciplines/majors, including pre-professional students (pre-med, pre-pharmacy, pre-dentistry), public health, nursing, social work, and others.

8. Check the category most applicable to this course: Not Yet Found in Many (or Any) Other Universities ,

If No, explain:

- 9. Course Relationship to Program(s).
  - a. Is this course part of a proposed new program?: No

If YES, name the proposed new program:

- b. Will this course be a new requirement for ANY program?: No
- If YES, list affected programs:
- 10. Information to be Placed on Syllabus.
  - a. Is the course 400G or 5007: No
- b. The syllabus, including course description, student learning outcomes, and grading policies (and 400G-/500-level grading differentiation if applicable, from **10.a** above) are attached: Yes





## **Distance Learning Form**

Instructor Name:

Instructor Email:

Internet/Web-based: No

Interactive Video: No

Hybrid: No

1. How does this course provide for timely and appropriate interaction between students and faculty and among students? Does the course syllabus conform to University Senate Syllabus Guidelines, specifically the Distance Learning Considerations?

- 2. How do you ensure that the experience for a DL student is comparable to that of a classroom-based student's experience? Aspects to explore: textbooks, course goals, assessment of student learning outcomes, etc.
- 3. How is the integrity of student work ensured? Please speak to aspects such as password-protected course portals, proctors for exams at interactive video sites; academic offense policy; etc.
- 4. Will offering this course via DL result in at least 25% or at least 50% (based on total credit hours required for completion) of a degree program being offered via any form of DL, as defined above?

If yes, which percentage, and which program(s)?

- 5. How are students taking the course via DL assured of equivalent access to student services, similar to that of a student taking the class in a traditional classroom setting?
- 6. How do course requirements ensure that students make appropriate use of learning resources?
- 7.Please explain specifically how access is provided to laboratories, facilities, and equipment appropriate to the course or program.
- 8. How are students informed of procedures for resolving technical complaints? Does the syllabus list the entities available to offer technical help with the delivery and/or receipt of the course, such as the Information Technology Customer Service Center (http://www.uky.edu/UKIT/)?
- 9. Will the course be delivered via services available through the Distance Learning Program (DLP) and the Academic Technology Group (ATL)? NO

If no, explain how student enrolled in DL courses are able to use the technology employed, as well as how students will be provided with assistance in using said technology.

- 10. Does the syllabus contain all the required components? NO
- 11.I, the instructor of record, have read and understood all of the university-level statements regarding DL.

#### Instructor Name:

SIGNATURE|ALHAYS0|Andrea L Perkins|CPH 423 NEW College Review|20141120
SIGNATURE|JMETT2|Joanie Ett-Mims|CPH 423 NEW Undergrad Council Review|20141120
SIGNATURE|JEL224|Janie S Ellis|CPH 423 NEW Senate Council Review|20150114

Courses Request Tracking

#### **New Course Form**

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Select saved project to retrieve			
	(*denotes r	equired fields)	
1. General Information			
a. * Submitted by the College of: PUE	BLIC HEALTH	Submission Date: 1/14	/2015
b. * Department/Division: Dept Of Pr	eventive Med & Envir	]	
c.			1.01010.0004
* Contact Person Name:  * Responsible Faculty ID (if differe	Andrea Perkins	Email: andrea.perkins@uky.e Email: dmannino@uky.edu	Phone: 218-2021
• • •	• •		. 1,010.210.200
d. * Requested Effective Date:   Se	emester following approval OR © Sp	oecific Term/Year ∸	
e. Should this course be a UK Core C	Course? ① Yes @ No		
If YES, check the areas that appl	iy:		
☐ Inquiry - Arts & Creativity	Composition & Communi	cations - II	
☐ Inquiry - Humanities	Quantilative Foundations		
☐ Inquiry - Nat/Math/Phys Sci	Statistical Inferential Rea	soning	
☐ Inquiry - Social Sciences	U.S. Cilizenship, Commu	nity. Diversity	
Composition & Communication	_		
·	·		
2. Designation and Description of Propos		6	
a. * Will this course also be offered th	rough Distance Learning? © Yes *	<b>◎</b> No	***************************************
b. * Prefix and Number:   CPH 423			
c. * Full Title: Health of Kentuckians			
d. Transcript Title (if full title is more t			
e. To be Cross-Listed <sup>2</sup> with (Prefix a			
f. * Courses must be described by at		low, include number of actual cor Recitation	ntact hours <sup>3</sup> for each meeting patte Discussion
45 Lecture Indep. Study	Laboratory <sup>1</sup> Clinical	Colloquium	Practicum
Research	Residency	Seminar	Studio
Other	If Other, Please explain:		
g. * Identify a grading system:			
© Letter (A, B, C, etc.)	•		
○ Pass/Fail			
Medicine Numeric Grade (Non- Graduate School Grade Scale)	medical students will receive a fetter	grade)	
h. * Number of credits: 3			
II. Maltipei di Ciedita. (a	I		
i. * Is this course repeatable for addi	tional credit? ② Yes ⑨ No		

	j.	* Course Description for Bulletin:
		This course provides an overview of the determinants, factors, and remedies to the traditionally poor health status of Kentuckians. The course focus is on population health of the Commonwealth, with an emphasis on data, trends and solutions to illness, death and disability. Other topics include health rankings, vital statistics and demographic factors. The comparison of Kentucky's population health status to the US average and to other states is presented, plus strategies to improve population health in the Commonwealth. Additional topics include the relationship between Kentucky's demographic, economic, environmental, and education characteristics and their impact on health.
	k.	Prerequisites, if any:
	l.	Supplementary teaching component, if any: O Community-Based Experience O Service Learning O Both
3.	* Will	this course be taught off campus? ① Yes ⑨ No
	If YES	, enter the off campus address:
4.	Frequ	ency of Course Offering.
	a.	*Course will be offered (check all that apply): ☑ Fatil ☑ Spring ☑ Summer ☑ Winter
		* Will the course be offered every year?    Yes No
		If No, explain:
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		facilities and personnel necessary for the proposed new course available? ⑨ Yes ② No explain:
	ii NO,	explain:
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	İ	
		t well was at the control of the con
		t enrollment (per section per semester) may reasonably be expected? 60
7.		pated Student Demand.
		* Will this course serve students primarily within the degree program? ② Yes ® No
	b.	* Will it be of interest to a significant number of students outside the degree pgm? ® Yes ① No
		If YES, explain: This course will appeal to a broad spectrum of students from a variety of disciplines/majors, including pre-
		professional students (pre-med, pre-pharmacy, pre-dentistry), public health, nursing, social work, and others.
8.	* Che	ck the category most applicable to this course:
	□ Tra	ditional – Offered in Corresponding Departments at Universities Elsewhere
		latively New – Now Being Widely Established
9.		t Yet Found in Many (or Any) Other Universities se Relationship to Program(s).
٠.		* Is this course part of a proposed new program? ② Yes ® No
	a.	If YES, name the proposed new program:
	b.	* Will this course be a new requirement <sup>5</sup> for ANY program? ① Yes ⑨ No
		If YES <sup>5</sup> , list affected programs::
	16	anti-a to to Dispared on Cullishus
ı U.		nation to be Placed on Syllabus.
		* is the course 400G or 500? ① Yes. No  If YES, the differentiation for undergraduate and graduate students must be included in the information required in 10.b. You must include: (i) identiabilitional assignments by the graduate students; and/or (ii) establishment of different grading criteria in the course for graduate students. (See SR)
	b.	☑ * The syllabus, including course description, student learning outcomes, and grading policies (and 400G-/500-level grading differentiation if appl
		10.a above) are attached.

<sup>(</sup>Linear Section 2) Description of the semester following approval. No course will be made effective until all approvals are received.

III in general, undergraduate courses are developed on the principle that one semester hour of credit represents one hour of classroom meeting per week for a semester, exclusive of any laboratory meeting. Laboratory meeting, generally, re two hours per week for a semester for one credit hour. (from SR 5.2.1)

III you must also submit the Distance Learning Form in order for the purposed course to be considered for DL delivery.

III in order to change a program, a program change form must also be submitted.

Rev 8/09

Submit as New Proposal Save Current Changes

## UNIVERSITY OF KENTUCKY **COLLEGE OF PUBLIC HEALTH** Department of Preventive Medicine and Environmental Health

## Course Syllabus-Draft July 25, 2012

#### Health of Kentuckians

**CPH 423** Fall 2013

Location:

**TBA** 

Days and Time:

Monday & Wednesday, 3:30 pm – 4:45 pm (or otherwise scheduled)

#### **Contact information**

Instructor:

Robert McKnight, MPH, ScD, Provost's Distinguished Professor

Southeast Center for Agricultural Health & Injury Prevention, 342 Waller

Avenue, Suite 1A

Telephone:

323-6836

E-mail:

rmcknig@uky.edu (preferred method of contact) Office Hours: Tuesdays from 2:30 to 5:00 or by appointment

Course description

An overview of the determinants, factors and remedies to the traditionally poor health status of Kentuckians. The course focus is on population health of the Commonwealth, with an emphasis on data, trends and solutions to illness, death and disability. Other topics include health rankings, vital statistics and demographic factors. The comparison of Kentucky's population health status to the US average and to other states is presented, plus strategies to improve population health in the Commonwealth. Additional topics include the relationship between Kentucky's demographic, economic, environmental, and education characteristics and their impact on health.

### Course rationale

This course examines population health issues that impact the Commonwealth of Kentucky, their causes, remedies and impediments to improvement. The course is an overview/survey course, open to junior and senior undergraduates plus graduate students in a wide range of disciplines; e.g. public health, biology, social work, health communication, nursing, pre-professional programs (pre-med, pre-dentistry, prepharmacy) etc. The course is not a substitute for a course in epidemiology. Rather, this course focuses on vital statistics, health rankings and Kentucky-specific references, data, articles, and useful websites. The course provides students with skills to access Kentucky-specific data and to better understand the challenges of improving population health in the Commonwealth.

#### Course prerequisites

None

#### Course objectives

- 1. **Summarize** the current health status of Kentucky residents using numerous data and information sources and comparisons.
- 2. Evaluate the shortcomings of vital statistics and state health ranking scales.
- 3. Compare and contrast the health status of Kentuckians with residents in other state(s).
- 4. **Summarize** the goals and objectives for improving the health of Kentuckians through 2020.
- 5. **Recall** how economic, demographic, environmental, and educational factors influence the health of Kentuckians.
- 6. **Compare** and contrast health status in Appalachian counties with non-Appalachian counties

#### **Additional Objective for Graduate Students:**

7. Propose strategies that improve the health of the Commonwealth or a selected sub-population therein.

#### Relationship to Public Health Competencies

This course relates to the following competencies for the MPH degree:

- A.5 Apply descriptive techniques commonly used to summarize public health data.
- C.1 Identify key sources of data for epidemiologic purposes.
- E.2 Identify the causes of social and behavioral factors that affect health of individuals and populations.
- F.1 Describe how the public health information infrastructure is used to collect, process, maintain, and disseminate data.
- F.8 Use information technology to access, evaluate, and interpret public health data.
- G.1 Describe the roles of history, power, privilege and structural inequality in producing health disparities.

#### Textbook

Ludke RL, Obermiller P, Couto RA. Appalachian health and well-being. Lexington: University Press of Kentucky, 2012.

The major reference of this course will be the forthcoming "Healthy Kentuckians 2020" which will be available mid-2012 from the Kentucky Cabinet for Health Services. Students should download and print this document in its entirety as it will be a basis for many of the lectures, as well as strategies and benchmarks for increasing health status in Kentucky.

## Course requirements and learner evaluation

#### A. Undergraduate Students:

The **mid-term grade** report is based on Quiz #1 and the Mid-Term exam, which combined account for 40% of the final grade.

#### Mid-term grade is assigned as follows:

Α	40-36 points
В	35-32 points
С	31-28 points
D -	27-24 points
F	< 24 points

Final course grades will be based upon evaluation of the following activities:

Quiz No. 1

15%, September 25

Mid-Term

25%, October 16

Quiz No. 2

**15%, November 13** 

State Health Comparison paper 20%, November 25

**Final Exam** 

25%, Week of December 16

Total

100 %

Final grades for undergraduate credit will be assigned according to the following point scale:

90 – 100	Α
80 – 89	В
70 – 79	С
60 – 69	D
< 60	F

#### **B.** Graduate Students:

Final course grades will be based upon evaluation of the following activities:

Quiz No. 1

9%, September 25

Mid-Term

16%, October 16

**County Comparison paper** 

13%, October 23

Quiz No. 2

12%, November 13

State Health Comparison paper 13%, November 25

Population Health paper

17%, December 10

Final Exam

20%, Week of December 16

Total

100 %

Final grades will be assigned according to the following point scale:

90 – 100	Α
80 – 89	В
70 – 79	С
< 70	E (failure)

#### Web Based Resources

http://chfs.ky.gov/dph/default.htm

http://www.kentuckyhealthfacts.org/

http://www.statehealthfacts.org/profileind.jsp?rgn=19&cat=1

http://www.statehealthfacts.org/index.jsp

http://www.kcr.uky.edu/

http://www.fitky.org/

http://quickfacts.census.gov/qfd/states/21000.html

http://www.improvingpopulationhealth.org/blog/what-is-population-health.html

http://www.countyhealthrankings.org/#app/

http://www.americashealthrankings.org/KY

http://www.ksdc.louisville.edu/

http://www.uky.edu/KGS/

#### Instructor expectations

- 1. Attend every class session. The components are highly interrelated; missing a class will detract from the learning potential of subsequent sessions.
- 2. Be in the classroom and prepared to begin working at the scheduled start time for each session.
- 3. Actively participate in the discussions. This is not the type of class where you can "sit back and listen."
- 4. Be well-read in the content provided in references and websites and develop skills necessary to be active learners in this class.
- 5. Be self-motivated and seek out additional information to understand, comprehend and analyze the topics discussed in readings and in the class syllabus.
- 6. Be accepting of criticism and appropriate suggestions for improving the quality of your academic work and, if necessary, respond by modification of your behavior
- 7. Act with respect and integrity toward classmates and faculty.
- 8. Complete all assignments promptly.
- 9. Recognize your responsibility to participate in classroom discussions in a civil, appropriate and courteous manner, even though you may disagree with other's opinions.
- 10. Do not use class time for inappropriate, non-academic use of electronic devices or personal use of social media. No Facebooking, Tweeting, unrelated internet browsing, texting or other activities which detract from your attention in class or of those around you. If you intend to attend class, come to listen, learn, interact and be engaged. Disregard for this minimal expectation of mature young adults is simply not acceptable.

## Criteria for State Health Comparison Paper, Due November 25, 2013 (All Students)

You will prepare a maximum eight page, double-spaced paper, plus a maximum of two page reference list comparing and contrasting the current health status of Kentuckians with residents of one of the other forty-nine states. The focus of the paper will be on the comparison of rates and percentages (rather than numbers), and how Kentuckians' health is better or worse than the state in comparison. States will be assigned, and depending on enrollment, this could be a joint project. Participants assigned to work in a joint project will receive the same grade. A detailed outline for the paper's expectations will be provided; in general the following aspects must be addressed:

- a.) Comparison of rankings and leading causes of death using most recent health data
- b.) percent of population on Medicaid and/or without insurance
- c.) comparison of state demography by age group

- d.) percent of population declared as "disabled," lifestyle comparisons and causes that explain similarities or differences between Kentucky and the state in comparison, e.g. exercise, obesity, climate, etc.
- e.) a reference list used to compile the paper

Evaluation of the paper will be based on the following criteria:

Appropriateness and thoroughness of references

Scientific accuracy and completeness

Quality of clear, concise and collegiate-level writing

All papers will be available for other students to read. Paper must be received electronically by 12 noon Eastern on the due date, November 25, 2013. Late papers will be reduced by three points if not received by 12 noon, and reduced three additional points if received at 1pm, 2pm, etc. Students are encouraged to submit papers in advance of the due date.

## Additional Assignments-Graduate Students:

1. County Comparison paper: (Graduate students only, due October 23)

Students will prepare an eight page double-spaced paper comparing and contrasting the health of two counties in Kentucky. This will be an individual assignment. However, if enrollment is high, it may be a joint assignment in which all the participants therein will receive the same grade for a joint paper. The paper will focus on the comparison of the two counties' demography, as well as, the rates of mortality and morbidity and disability obtained through publically-accessible data sources. A more detailed outline will be provided, but in general the following aspects must be addressed:

- a. Comparison of the demography, educational status and geography/terrain
- b. Comparison of rate and in proportions of illness, death and disability for selected health and injury issues
- c. Comparison of the percent of population on Medicaid and/or without insurance
- d. Other comparison factors with the counties that influence population health

The paper is a maximum of 13 points. Evaluation will be based on the following evaluation criteria:

a. Quality of clear, concise, graduate-level collegiate writing

2 points 9 points

b. Scientific accuracy and completeness

2 points

c. Appropriateness and thoroughness of references

Total= 13 points

Papers must be received electronically by 12 noon on the due date October 23. Late papers will be reduced by 3 points if not received by 12 noon, and reduced 3 additional points if received at 1pm, 2pm, etc. Students are strongly encouraged to submit papers in advance of the due date. Additional details regarding the County Comparison paper will be presented at the beginning of the semester.

2. Population Health Assessment/Improvement paper: (Graduate students only, due Dec10) Graduate students will prepare a maximum 10-12 page (plus references) paper addressing the strategies for the improvement of health within a sub-population of Kentucky (e.g. African Americans, rural poor, adolescent girls, elderly, individuals with disabilities, infants, urban dwellers, a high risk worker population, child bearing women, prisoners, etc.). The focus of this paper is not on a particular disease, but rather the health and safety of a sub-group. More information will be provided at the beginning of the semester. The first half of the paper should discuss the magnitude of the health issues of the population while the second part should address strategies that could be useful in Kentucky for improving the health status in this population.

Criteria for the grading of this 17 point paper will include the following:

a. Quality of clear, concise, graduate-level collegiate writing
b. Scientific accuracy and completeness
c. Extent of analysis and synthesis
d. Appropriateness and thoroughness of references
2 points

Total= 17 points

Papers must be received electronically by 12 noon on the due date December 10. Late papers will be reduced by 3 points if not received by 12 noon, and reduced 3 additional points if received at 1pm, 2pm, etc. Students are strongly encouraged to submit papers in advance of the due date. Additional details regarding the County Comparison paper will be presented at the beginning of the semester.

## **Writing Standards:**

Your writing assignments should conform to the highest collegiate standards of critical thinking, good writing, appearance, and demonstrate a command of the English language.

Your ability to communicate in writing is critical to others' ability to understand what you know. The appearance of your submission counts. Quality typing, free of errors, is expected. A consistent format of editorial style should be followed (margins, page numbers, references, etc.). Students are encouraged to use editorial guidelines found in "Information to Authors" of public health related journals (e.g., AMA style, CBE style, or APA style). Whichever format you choose, please maintain consistency in your references, punctuation, and other aspects of visual style.

Your ability to synthesize scientific principles will be reflected by clear, concise writing. A reader should understand what you mean without reading a sentence three times. Students who are "out of practice" in writing should remember that revisions and rewrites are often the difference between a "C" and an "A." The first draft is often poor on presentation even if it contains all the scientific facts you intend to present. Use the many writing opportunities in this class to develop a solid writing style that will serve you all through your academic career.

More details on writing and format expectations for the State Health Comparison paper will be provided.

#### Avoid:

- Numerous quotations
- Sentences that don't add anything to the information conveyed in the paragraph
- One sentence paragraphs
- Making your paper a collection of bits and pieces from other authors without any of your synthesis
  or insight
- Sloppy typing

#### Academic honesty

Academic honesty is highly valued at the University. You must always submit work that represents your original words or ideas. If any words or ideas used in a class assignment submission do not represent your original words or ideas, you must cite all relevant sources and make clear the extent to which such sources were used. Words or ideas that require citation include, but are not limited to, all hard copy or electronic publications, whether copyrighted or not, and all verbal or visual communication when the content of such communication clearly originates from an identifiable sources.

All incidents of cheating and plagiarism are taken very seriously at the University of Kentucky, and there are specific policies and procedures in place to prosecute them. See  $\underline{S.R.~6.3.0}$  (PDF) for the exact Senate Rules regarding academic offenses.

#### **Accommodations**

If you have a documented disability that requires academic accommodations, please see me as soon as possible during scheduled office hours. In order to receive accommodations in this course, submit to me a Letter of Accommodation from the Disability Resource Center). If you have not already done so, please register with the Disability Resource Center for coordination of campus disability services available to students with disabilities. Contact Jake Karnes via email at jkarnes@email.uky.edu or by telephone 859-257-2754. You may also visit the DRC website for information on how to register for services as a student with a disability: http://www.uky.edu/StudentAffairs/DisabilityResourceCenter/

#### Religious Observances

Students will be given the opportunity to make up work (typically, exams or assignments) when students notify their instructor that religious observances prevent the student from completing assignments according to deadlines stated in this syllabus. Students must notify the course instructor at least two weeks prior to such an absence and propose how to make up the missed academic work.

#### Inclement weather

The University of Kentucky has a detailed policy for decisions to close in inclement weather. The snow policy is described in detail at <a href="http://www.uky.edu/PR/News/severe\_weather.htm">http://www.uky.edu/PR/News/severe\_weather.htm</a> or you can call (859) 257-1754.

#### Late work and makeup policy

Cases involving University-excused absences, University-prescribed academic accommodations, or explicit requests from your Assistant or Associate Dean will be handled individually. Make-up exams are likely to be verbal exams.

#### Attendance policy

Attendance is highly recommended, but not mandatory. Attendance records will not be kept.

Fall 2013

Course schedule and topics-Health of Kentuckians-Draft July 22, 2012

DATE	TOPIC		
August 21	Syllabus Discussion, Introduction		
August 26	What Ails KY-An Overview		
August 28	Introduction to Population Health		
September 4	Demographics & Population Dynamics of KY		
September 9	KY Geography & Relationship to Health		
September 11	Health Data for KY; Regions & Counties		
Coptombo	Part I		
September 16	Health Data for KY; Regions & Counties		
	Part II		
September 18	Educational Status & Its Influence on KY Health		
September 23	Economic Status & Its Influence on KY Health		
September 25			
September 30	Health Rankings: Comparing KY to Other States		
October 2	Health Rankings: Comparing KY to the US		
	Average		
October 7	Health Comparison Within KY: Counties, Regions		
	& Districts Part I		
October 9	Health Comparison Within KY: Counties, Regions		
	& Districts Part II		
October 14	Review Day/Special Topics		
October 16	Mid-term Quiz & Mid-term Grade Report		
October 21	Goals for KY Health/Healthy KY 2020 Part I		
October 23			
October 23			
October 28	Cancer in KY		
October 30	Obesity & Diabetes in KY		
November 4	Mental & Emotional Health Issues in KY		
November 6	Oral & Dental Health in KY		
November 11	Substance Abuse in KY		
November 13	Quiz No. 2		
November 18	Student Selected Topic, TBA		
November 20	Student Selected Topic, TBA		
November 25	State Comparison Papers due (Graduate		
	students only)		
November 25	Injuries, Trauma & Poisoning in KY		
December 2	Immigrant & Minority Health in KY		
December 4	Challenges & Solutions to Improve KY Health Status Part I		
Danamhar C			
December 9	Challenges & Solutions to Improve KY Health Status Part II		
December 10	Population Health Assessment/Improvement		
December 10	paper due (Graduate students only)		
December 11	Wrap-Up and Review		
December 11	A A Lah-ah a La L		

Final exam week of December 16 time TBA, per UK schedule

Student Selected Class Topics-November 18th & 20th

It is impossible to cover all aspects of Kentucky's poor health status in a three hour course. In preparation for classes, on November 18<sup>th</sup> & 20<sup>th</sup> students will be asked to propose topics on health status issues not included in the syllabus. Students will have an opportunity to ask faculty to review topics not covered in the syllabus. Examples may include, but are not limited to, Appalachian health issues, urban vs. rural health issues, "nerves" in Kentucky, child abuse, and/or elder abuse, AIDS/HIV, guns and violence, pit bulls and other vicious dogs, all-terrain vehicles, health hazards of coal and/or other topics.

## Health of Kentuckians CPH 423, Fall 2013

## **Expanded Topic Outline and Reading List-Draft**

## August 26-What Ails Kentucky-Overview

#### **Articles**

**Borak** J, Salipante-Zaidel C, Slade MD, Fields CA. Mortality disparities in Appalachia: reassessment of major risk factors. J Occup Environ Med. 2012 Feb;54(2):146-56.

**Kindig** DA, Asada Y, Booske B. A population health framework for setting national and state health goals. JAMA.2008 May 7;299(17):2081-3.

**Kindig** D, Peppard P, Booske B. How healthy could a state be? Public Health Rep. 2010 Mar-Apr;125(2): 160-7.

**Booske** B, Rohan A, Kindig DA, Remington P. Grading and reporting health and health disparities. Prev Chronic Dis 2010;7(1):A16. <a href="http://www.cdc.gov/pcd/issues/2010/jan/08%200235.htm">http://www.cdc.gov/pcd/issues/2010/jan/08%200235.htm</a>

## September 4- Kentucky Georgraphy & Relationship to Health Part I

#### **Articles**

Holzman DC. Mountaintop removal mining: digging into community health concerns. Environ Health Perspect. 2011 Nov;119(11):A476-83.

#### <u>Websites</u>

http://www.ksdc.louisville.edu/

## September 9-Kentucky Geography & Relationship to Health Part II

Textbook: Chapter 2. Appalachian Health the Physical Environment

#### **Articles**

Christian WJ, Huang B, Rinehart J, Hopenhayn C. Exploring geographic variation in lung cancer incidences in Kentucky using a spatial scan statistic: elevated risk in the Appalachian coal mining region. Public Health Rep. 2011 Nov-Dec; 126(6):789-96.

**Lengerich** EJ, Tucker TC, Powell RK, Colsher P, Lehman E, Ward AH, Siedlecki JC, Wyatt SW. Cancer Incidence in Kentucky, Pennsylvania, and West Virginia: Disparities in Appalachia. Rural Health. 2005 Winter;21(1):39-47.

#### Websites

http://www.uky.edu/KGS/

## September 18-Educational Status & Its Influence on Kentucky Health

Textbook: Chapter 4. Health Care Systems in Appalachia

## September 23-Economic Status & Its Influence on Kentucky Health Articles

**Black** D, Daniels K, Sanders S. The Impact of economic conditions on participation in disability programs: evidence from the coal boom and bust. Am Econ Rev. 2002 Mar;92(1):27-50.

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## September 30-Health Rankings: Comparing Kentucky to Other States <u>Websites</u>

http://www.americashealthrankings.org/KY

## October 7-Health Comparison Within Kentucky: Counties, Regions and Districts Part I

#### Websites

http://www.kentuckyhealthfacts.org/

#### October 23-Heart and Lung Disease

#### **Articles**

Mitchell MD, Mannino DM, Steinke DT, Kryscio RJ, Bush HM, Crofford LJ. Association of smoking and chronic pain syndromes in Kentucky women. J Pain. 2011 Aug;12(8):892-9.

**Kleindorfer** DO, Khoury J, Moomaw CJ, Alwell K, Woo D, Flaherty ML, Kharti P, Adeoye O, Ferioli S, Broderick JP, Kissela BM. Stroke incidence is decreasing in whites but not in blacks: a population-based estimate of temporal trends in stroke incidence from the Greater Cincinnati/Northern Kentucky Stroke Study. Stroke. 2010 Jul;41(7):1326-31. Epub 2010 May 20.

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Centers for Disease Control and Prevention (CDC). Pneumoconiosis and advanced occupational lung disease among surface coal miners-16 States, 2010-2011. MMWR Morb Mortal Wkly Rep. 2012 Jun 15;61:431-4.

**Hahn** EJ, Fallin A, Darville A, Kercsmar SE, McCann M, Record RA. The three Ts of adopting tobaccofree policies on college campuses. Nurs Clin North Am. 2012 Mar;47(1): 109-17. Epub 2011 Dec 3. **Barry** AC, Mannino DM, Hopenhayn C, Bush H. Exposure to indoor biomass fuel pollutants and asthma prevalence in Southeastern Kentucky: results from the Burden of Lung Disease (BOLD) study. J Asthma. 2010 Sep;44(7):735-41.

## October 28-Cancer in Kentucky

Textbook: Chapter 8. Cancer-Related Disparities in Appalachia

#### **Articles**

**McDavid** K, Tucker TC, Sloggett A, Coleman MP. Cancer survival in Kentucky and health insurance coverage. Arch Intern Med. 2003;163:2135-44.

Yao N, Lengerich EJ, Hillemeier MM. Breast cancer mortality in Appalachia: reversing patterns of disparity over time. J Health Care Poor Underserved. 2012;23(2): 715-25.

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**Feltner** FJ, Ely GE, Whitler ET, Gross D, Dignan M. Effectiveness of community health workers in providing outreach and education for colorectal cancer screening in Appalachian Kentucky. Soc Work Health Care. 2012;51(5):430-40.

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## October 30-Obesity and Diabetes in Kentucky

**Textbook:** Chapter 6. Diabetes and Its Management in the Appalachian Region Chapter 7. Obesity and Food Insecurity in Appalachia

#### Articles

**Fleming** ST, Love MM, Bennett K. Diabetes and cancer screening rates among Appalachian and non-Appalachian residents of Kentucky. J Am Board Fam Med. 2011 Nov;24(6):682-92

**Kruger** TM, Swanson M, Davis RE, Wright S, Dollarhide K, Schoenberg NE. Formative research conducted in rural Appalachia to inform a community physical activity intervention. AM J Health Promot. 2012 Jan-Feb;26(3):143-51.

**Swanson** M, Schoenberg NE, Davis R, Wright S, Dollarhide K. Perceptions of healthful eating and influences on the food choices of Appalachian youth. J Nutr Educ Behav. 2012 Jan 21. [Epub ahead of print]

#### **November 4-Mental and Emotional Health Issues**

Textbook: Chapter 11. Mental Health in Appalachia

#### Articles

**Low** SM. Culturally interpreted symptoms or culture-bound syndromes: a cross-cultural review of nerves. Soc Sci Med. 1985;21(2):187-96.

## November 6-Oral & Dental Health in Kentucky

Textbook: Chapter 13. Oral Health in Appalachia

#### <u>Articles</u>

**Saman** DM, Arevalo O, Johnson AO. The dental workforce in Kentucky: current status and future needs. J Public Health Dent. 2010 Summer; 70(3):188-96.

**Bush** HM, Dickens NE, Henry RG, Durham L, Sallee N, Skelton J, Stein PS, Cecil JC. Oral health status of older adults in Kentucky: results from the Kentucky Elder Oral Health Survey. Spec Care Dentist. 2010 Sep-Oct;30(5):185-92. doi: 10.1111/j.1754-4505.2010.00154.x.Epub 2010 Aug 17.

**Hendryx** M, Ducatman AM, Zullig KJ, Ahern MM, Crout R. Adult tooth loss for residents of US coal mining and Appalachian counties. Community Dent Oral Epidemiol. 2012 Apr 21. Doi: 10.1111/j.1600-0528.2012.00691.X.[Epub ahead of print]

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## **November 11-Substance Abuse in Kentucky**

Textbook: Chapter 12. Substance Abuse in Rural Appalachia

#### **Articles**

**Shannon** LM, Havens JR, Oser C, Crosby R, Leukefeld C. Examining gender differences in substance use and age of first use among rural Appalachian drug users in Kentucky. Am J Drug Alcohol Abuse. 2011 Mar;37(2):98-104. Epub 2010 Dec 10.

**Jackson** A, Shannon L. Barriers to receiving substance abuse treatment among rural pregnant women in Kentucky. Matern Child Health J.2011 Dec 4

**Gray** JA, Hagemeier NE. Prescription drug abuse and DEA-sanctioned drug take-back events: characteristics and outcomes in rural Appalachia. Arch Intern Med. 2012 Jun 25:1-2. Doi: 10.1001/archinternmed.2012.2374. [Epub ahead of print]

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**Peirce** GL, Smith MJ, Abate MA, Halverson J. Doctor and pharmacy shopping for controlled substances. Med Care. 2012 Jun;50(6):494-500.

## November 25-Injury, Trauma and Poisoning in Kentucky

Textbook: Chapter 10. Trauma in Appalachia

#### <u>Articles</u>

**Walsh** S, Clayton R, Liu L, Hodges S. Divergence in contributing factors for suicide among men and women in Kentucky: recommendations to raise public awareness. Public Health Rep. 2009 Nov-Dec; 124(6):861-7.

**Cole** HP, Myers ML, Westneat SC. Frequency and severity of injuries to operators during overturns of farm tractors. Agric Saf Health. 2006 May;12(2):127-38.

**Lutterloh** EC, Igbal S, Clower JH, Spiller HA, Riggs MA, Sugg TJ, Humbaugh KE, Cadwell BL, Thoroughman DA. Carbon monoxide poisoning after an ice storm in Kentucky, 2009. Pub Health Rep. 2011 May-Jun;126 Suppl 1:108-15.

**Spiller** HA, Singleton MD. Comparison of incidences of hospital utilization for poisoning and other injury types. Public Health Rep. 2011 Jan-Feb; 126(1):94-9.

Saman DM, Cole HP, Odoi A, Myers ML, Carey DI, Westneat SC. A spatial cluster analysis of tractor overturns in Kentucky from 1960-2002. PLoS One. 2012;7(1):e30532. Epub 2012 Jan 24.

**Bunn** TL, Spiller HA, Singleton M. Surveillance of methadone-related poisonings in Kentucky using multiple data sources. Pharmacoepidemiol Drug Saf. 2010 Feb;19(2):124-31.

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**Cole** HP, Piercy LR, Heinz KL, Westneat SC, Arrowsmith HE, Raymond KM. Safety status of farm tractors that operate on public highways in four rural Kentucky counties. J Agric Saf Health. 2009 Jul;15(3):207-23.

## December 2-Immigrant and Minority Health in Kentucky

#### Articles

**Saman** DM, Johnson AO, Arevalo O, Odoi A. Geospatially illustrating regional-based oral health disparities in Kentucky. Public Health Rep. 2011 Jul-Aug; 126(4):612-8.

**Coleman** MS, Garbat-Welch L, Burke H, Weinburg M, Humbaugh K, Tindall A, Cambron J. Direct costs of a single case of refugee-imported measles in Kentucky. Vaccine. 2011 Nov 12.

# December 4-Challenges and Solutions to Improve Kentucky Health Status Part I <u>Article</u>

**Lu** N, Samuels ME, Kletke PR, Whitler ET. Rural-urban differences in health insurance coverage and patterns among working-age adults in Kentucky. J Rural Health. 2010 Summer;26(2):129-38.

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